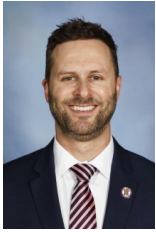




A WORLD OF OPPORTUNITIES

No. 19 27 November 2024



From the Principal

Advent

As we approach the end of November, we move into Advent, the season in which Christians wait and prepare for the celebration that commemorates the birth of Jesus Christ.

The College commenced our observance of Advent last night with our annual *Christmas Carols Under the Cross* in the Rivergum Theatre.

It was a wonderful occasion where our musical students showcased their talents, alongside our extremely dedicated staff.



Above: Students getting ready for the Christmas Carols Under the Cross

There was such a joyous and festive atmosphere in the Theatre as many people sang along to many Christmas and festive songs. Well done to everyone involved in a hugely successful community gathering.

Parents of Parade (POP) Mega Raffle

The Parents of Parade AGM was held at the College on Wednesday 13 November. A sincere thank you to the parents and carers on the team this year and to the office bearers for their contribution and support in these roles over a number of years:

Bethany Henry	President
Trish Bennett	Secretary
Steven Drazic	Treasurer

A special thank you to Linh Premoselli for serving the POP committee for six years, four of those years served in the Treasurer role.

The Office Bearers for 2025 were also voted in at the AGM. Congratulations to the following parents:

Bethany Henry	President
Patricia Liddell	Vice President
Leesa Mercadante	Treasurer

A reminder that tickets for the Mega Raffle are still available. This is the POP major fundraiser. The prizes will be drawn on Tuesday 3 December.

Preparing for 2025 – Commencement Program

Our students have been involved in a variety of camps and commencement programs and classes for 2025 this week. The program runs until the end of next week, with our

students completing the academic year on Friday 6 December.

Acknowledging Departing Staff who have worked at the College for 10+ years

Our staff work at Parade College because they love working within a community that supports our young people. Whether that is in the classroom, or in a non-academic role, our staff play a vital role in nurturing a positive College environment where our students can thrive and succeed.

At the end of this year, we have some staff leaving Parade. I would like to sincerely thank all staff who are leaving Parade for their contribution, and in particular note below the staff that have worked at Parade for at least 10 years.

Terri Crisafi	42.0 Years
Ross Smith	40.8 Years
Lupi Fermanov	26.6 Years
Jessica Frisina	21.0 Years
Franco Dal Santo	17.6 Years
Anne O’Riordan	16.1 Years
Jim Hunt	12.9 Years
Jacob Bevanda	11.0 Years
Dante Gabriele	11.0 Years
Gary Lorenzini	10.5 Years



Above: (IL-R) Jim Hunt, Jacob Bevanda, Dante Gabriele, and Gary Lorenzini

From the list above, the following staff have worked at Parade for over 15 years.



Terri Crisafi

Terri Crisafi joined the Parade College community in 1983 as a graduate English and Italian teacher. Terri has brought to the staffing cohort, her bright and engaging personality, together with her genuine care and concern for staff wellbeing. Terri has also

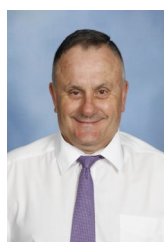
taken her enthusiasm into her teaching and involvement with the students. Terri’s passion and dedication for staff and students continued to be demonstrated through her Tutor Teacher responsibilities, the production of plays for the Catholic Schools Drama Festival, a long service award from the Debaters Association of Victoria, and her participation and contributions to the College Professional Standards and Support Team. Terri, we thank you for your 42 years of service.



Ross Smith

Ross Smith joined Parade College in 1986 as an experienced Teacher, already having taught in Catholic education for five and a half years, and previously in both the government and independent education systems. Ross was employed at the College as a Teacher of English and Humanities. Ross’ dedication for curriculum saw him appointed to the Head of Faculty, English leadership position, then the Learning Area Leader, Humanities leadership position leading the faculties and improving the teaching and learning at the College.

Ross’ commitment to student learning also shone through his involvement in presentations at the History Teacher’ Association (HTAV) of Australia National Conferences, VCE Exam preparation lectures to students organised by HTAV, as well as his involvement as a member of the VELS Civic and Citizenship Teacher Reference group for VCAA. Further, Ross has been a long standing VCE English teacher having supported many of our high performing English students achieve success. Ross, we thank you for your 40 years of service.



Lupi Fermanov

Lupi Fermanov started with Parade College during 1998 within the Finance Team. Lupi brought with his appointment, his extensive business and finance experience, together with his dedication to Catholic education. Over his 26 years of service, Lupi has been a key staff member in the delivery of payroll and associated functions at the College. Understandably, as the Payroll Officer, Lupi has often been referred to as the *‘most important person at the College’* by staff members. During his time at the College, Lupi has worked with through periods of changes in legislation, staff entitlements, and system and process advancements, as well

as the growth of the College. Lupi also embraced being a member of the College community by volunteering and happily participating at College events, as well as taking on the role of Soccer Coach within the ACC sports program for many years. Lupi's friendly and helpful approach, together with always making time for people has been greatly appreciated by staff and students during his tenure at the College. Lupi, we thank you for your 26 years of service.



Jessica Frisina

Jessica Frisina started with Parade College in 2004 as a graduate Teacher of Religious Education, LOTE and Humanities. With Jessica's passion for LOTE and teaching Italian, Jess took on the position of Learning Area Leader, Languages in just her second year of teaching. Jessica's passion and dedication over her 21 years at the College has been her support of student wellbeing, which was demonstrated through her approach as a Tutor Teacher, her pursuit of professional development focusing on student wellbeing, together with her manner, care for students and her capacity to build relationships with students and their families.

Jessica has also been a wonderful mentor for staff, supporting colleague's wellbeing and development through her involvement in working groups such as the Professional Standards Support Team. Jess has been a servant leader for our community, we thank you for your 21 years of service.



Franco Dal Santo

Franco Dal Santo began his service at Parade College in March 2008. Over his 17 years of service, Franco has worked within the Property team as a Building and Grounds Officer. Franco has been an integral member of the Property team supporting College events, building and grounds developments, upkeep and maintenance at both the Bundoora and Preston campuses.

Franco is well regarded by staff and is well-known for his friendly personality and great sense of humour, having built some great relationships during his tenure at the College. As very family orientated, Franco is looking forward to the opportunity to spend more time with his family, travelling, looking after his bird aviary and bird collection, as well as

continue in his love of his community involvement with soccer refereeing. Franco, we thank you for your 17 years of service.



Anne O'Riordan

Anne O'Riordan commenced with Parade College January 2009 initially as an Assistant within the Finance Office. Anne joined the College after working within Finance and Administration at Samaritan College for seven years, as well as previous Finance positions within the private sector. It is Anne's wonderful pastoral approach to students, her generosity, professionalism, warm and friendly nature, combined with her genuine interest in supporting staff, that has Anne loved by so many at the College. Anne has also embraced being a member of the College community by generously giving her time and happily participating at College events. Anne, we thank you for your 16 years of service.

Best Wishes for the Festive Season

I take this opportunity to thank you all for your support of the College and our students in 2024.

We have been able to see our students achieve some outstanding results and extend themselves in a variety of different programs and activities throughout the year. This brings joy to our work on a daily basis.

On behalf of all of the staff at Parade College, we wish everyone a safe and restful Christmas break. We look forward to working with you again in 2025.

Mr Mark Aiello
Principal





From the Assistant Principal - Teaching and Learning

Congratulations to all of our students for successfully completing the 2024 academic year and to our Year 8 to 12 students on their recent examinations. In particular, to our Year 12s, regardless of the outcome when results are released in December, we encourage you to express gratitude to your support network of teachers, friends, and family who have been with you through the various challenges you may have faced. We are all so proud of how you have conducted yourselves and the contribution you have made to the College during your time.

This week marked the beginning of our 2025 Early Commencement classes. A warm welcome to the College to our new students and their families. We would especially like to acknowledge our Edmund Rice Pathways Program and VCE Vocational Major students who have started their journey.

2025 also marks the beginning of our Business Academy and Sport Academy classes at our co-educational Preston Campus. I must express how impressed we have been with all the students involved and those who have been interviewed as part of this process. We look forward with much anticipation to supporting you, and all students, in the coming year.

2025 Resource List

As we prepare for the upcoming school year, we wish to remind families to order your child's resources for 2025. Resource lists were emailed to families and are also available online at Campion Education www.campion.com.au.

To place your orders, please visit Campion's website and use the following codes:

- Bundoora Campus: XK72
- Preston Campus: QKGK

For students enrolled in VCE Unit 1 and 2 or Unit 3 and 4 subjects that require an Edrolo textbook and digital subscription, payments must be made via the Edrolo Payment

portal. These subjects will be clearly indicated on the resource list. Detailed instructions on how to make payments for Edrolo resources were included in the letter sent with the Resource lists to families of students in Years 10 to 12.

All other Year 7 to 12 digital resources on your child's Resource list must be ordered and paid for, through Campion Education.

Mr Maurice Petruccelli
Assistant Principal - Teaching and Learning



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Parade College



From the Dean of Learning - Years 10 to 12

2024 VCE Results

To our 2024 Year 12 class, we would like to remind you that VCE results will be released by the VCAA from 7.00am on Thursday 12 December. You can find details on obtaining results on the back page of the VCAA Navigator, which all students received, as well as online.

The College will also be offering career counselling support from Thursday, Friday, and Saturday 12 to 14 December and wellbeing support until Friday 13 December.

2025 Year 12 VCE and VCE VM Day at La Trobe University

All Year 12 students in VCE, VCE VM (including Sport Academy) will launch into their 2025 school year with an opening day at La Trobe University on Thursday 31 January. Guest presenters, past students, and staff from both La Trobe University and Parade will run a day that caters for all students in the Parade Class of 2025.

This is a compulsory event for all Year 12 students with the correct summer school uniform to be worn.

Students will need to make their own way to and from La Trobe University (Plenty Road) with the day concluding at 1.00pm. This program has previously proven to be a fantastic way to kick start the school year, demonstrating its success and benefits for students.

More information will be sent to families regarding details, as well as a map of where students are to meet.

Mr James Fogarty
Dean of Learning - Years 10 to 12



From the Curriculum and Innovation Leader

Year 9 2025 ExCEL Orientation Days will take place on two separate dates. The first cohort attended their orientation on Wednesday 27 November.

The second cohort will have their orientation on Wednesday 4 December. All current 2025 Year 9 students have been informed of the date for their ExCEL Orientation Day.

This one-day compulsory event is designed to support your child's participation in the Year 9 ExCEL program in 2025. Families of students attending this Wednesday 4 December are asked to complete the relevant permission on PAM.

Ms Scarlett Faulkner
Curriculum and Innovation Leader





From the Assistant Principal - Student Wellbeing

Year 12 2025 Commencement Camp

Our 2024 Year 11s visited the Phillip Island Camp last week to prepare for their final year of schooling. The Commencement Camp allowed time for our students to meet their final year subject teachers, House and Wellbeing Leaders and mentors who will support and assist them throughout their final year at Parade College.

Situated on 80 acres of landscaped grounds in the heart of Phillip Island, The Resort made for a positive relationship building experience for all staff and students involved.

SchoolTV Report

As the holiday period approaches, many parents may be able to relate to the below article.

I get asked all the time about kids being bored. How to combat boredom, how to avoid kids getting bored when they have limited internet or screen time. Kids who do not have game consoles being bored, kids being bored in the school holidays, how to beat boredom in the holidays.... "How do I stop kids getting bored?" Or "my kids are bored at home?" I always get these sorts of questions. Now while I do not mind answering them, let me be clear here, I do not think boredom is bad. I do not think your kids being bored is a bad thing. Being bored can be great!

I feel like even as adults we have become conditioned to think that being bored is a bad thing, and we then think our kids being bored is a bad thing.

In a study in 2014, one-quarter of participants said they would rather give themselves a painful shock than be in a room with no external stimulus (that being music, books, phones) for 15 minutes. 15 minutes.

This shows how much people want to escape the feeling of boredom!

Boredom - What if we welcomed it? Even encouraged it. Shock, gasp, horror, what?!

In a world filled with flashy new sparkly technology every 5 minutes, instant gratification, a myriad of entertainment available at our fingertips and in an instant, is it becoming harder to sit in quiet and let our minds daydream and wander? And if it is for adults, what about kids? I think being bored can be a good thing. I think our kids being bored can be great. Productive even!

With your kids, do not feel like you need to step in and "stop the boredom" or "beat the boredom" for them, being bored helps them develop attention spans, self-regulation, and promotes creativity. It also encourages problem solving, as they need to "solve the boredom" themselves.

Whilst it is not our job as parents to prevent their boredom, it is our responsibility to encourage them to seek "boredom busting" activities and provide the space to do so.

Maybe you get out a tent or some blankets and pillows for a fort and leave them with this, or you set up some water play (safely). The ideas are endless, and in my opinion, with kids and teens alike, boredom can foster creativity, new passions, and also provide a much-needed break from screens and gaming. Win, win.

Article by Brad Marshall

Posted 13 April, 2021

Published by [The Unplugged Psychologist](#)
["But I'm SO BORED!" | Parade College - Bundoora](#)

Keeping Teens Engaged During the Christmas Break

The Christmas school holidays are a wonderful opportunity for our students to relax, recharge, and explore new interests. However, keeping teenagers positively engaged over the break can sometimes be a challenge. For families in north and north-west Melbourne, there are plenty of activities and opportunities to keep students entertained, learning, and growing.

Here are some suggestions to help make this holiday season productive and enjoyable for both parents and teens.

1. Build Life Skills

The holidays are a great time for teens to develop practical skills that will benefit them in the future. Encourage them to try:

- Cooking and Meal Planning: Have them plan and prepare a family meal.
- Financial Literacy: Introduce budgeting apps or involve them in managing holiday expenses.
- Gardening: Help them start a small herb or veggie garden.

Resources to try:

SBS Food for Teen-Friendly Recipes

[Sorted - Budgeting for Teens](#)

2. Get Outdoors and Stay Active

Encourage physical activity to keep their minds and bodies healthy. Some options include:

- Cycling Trails: Explore local bike paths along the Maribyrnong River or Darebin Creek.
- Sports Clinics: Many local sports clubs run holiday programs tailored to teens.
- Rock Climbing: Indoor centres like [Cliffhanger Climbing Gym](#) in Altona North offer a fun challenge.
- Parks Victoria - Cycling Trails
- YMCA Victoria Holiday Sports Programs

3. Explore Volunteering Opportunities

Volunteering helps teens develop empathy, teamwork, and a sense of community. Ideas include:

- Assisting at local food banks.
- Helping out at community gardens.
- Participating in environmental clean-up days.

Where to start:

Youth Central - Volunteering Opportunities

[Conservation Volunteers Australia](#)

4. Engage in Creative Pursuits

For artistically inclined teens, the holidays are an opportunity to unleash creativity. Consider:

- Enrolling in a short film or photography workshop.
- Learning to play a musical instrument.
- Creating a vision board or journal for 2024.

Local programs:

The Hume Arts and Culture Program

[Melbourne Youth Music Programs](#)

5. Prepare for Future Goals

For senior students, the break is a good time to think about future aspirations without the pressure of school.

- University or TAFE Research: Visit open campuses or explore online tools to map out their interests.
- Resume Building: Help them craft a CV or cover letter.

- Skill Development: Platforms like [Skillshare](#) and [Coursera](#) offer free or affordable online courses.

Resources:

[Victorian Tertiary Admissions Centre \(VTAC\)](#)

Youth Central - Career Resources

6. Connect Socially

Help teens maintain positive relationships by:

- Organising group outings with friends to local attractions
- Hosting a movie night or backyard camping experience.

7. Relax and Recharge

Amidst the hustle, teens also need downtime. Encourage:

- Mindfulness activities like yoga or journaling.
- Reading
- Watching documentaries or exploring podcasts on topics they enjoy.

Resources:

[Smiling Mind - Mindfulness for Teens](#)

Moonee Valley Libraries

Parade College Holiday Bingo

Six weeks is a long time, unsure what you're going to do?

Check out the Parade College Holiday Bingo. See how many you can check off the Bingo Card over your holiday period!

Read a book	Go for a 30min walk	Learn a recipe	Have a bbq
Complete a workout	Attend a concert	Make dinner for your family	Draw or paint something
24 hours no social media	Complete 5 workouts	Go to the beach	Break in your school shoes
Learn to tie a tie	Complete 10+ workouts	Meet up with friends	One day no sugar

Fitness Program

Here is a 4-day bodyweight program for teenagers, focusing on overall fitness and development:

Day 1: Upper Body

1. Warm-up: 5 to 10 minutes (jogging, jumping jacks, etc.)
2. Push-ups: 3 sets of 8-12 reps
3. Tricep dips (using a chair or bench): 3 sets of 12 to 15 reps
4. Inverted rows (using a towel or resistance band): 3 sets of 12 to 15 reps
5. Plank: 3 sets, holding for 30 to 60 seconds
6. Cool-down: 5 to 10 minutes (stretching)

Day 2: Lower Body

1. Warm-up: 5 to 10 minutes
2. Squats: 3 sets of 12 to 15 reps
3. Lunges: 3 sets of 12 to 15 reps (per leg)
4. Calf raises: 3 sets of 15 to 20 reps
5. Glute bridges: 3 sets of 12 to 15 reps
6. Cool-down: 5 to 10 minutes

Day 3: Core

1. Warm-up: 5 to 10 minutes
2. Plank: 3 sets, holding for 30 to 60 seconds
3. Russian twists (sitting on floor with knees bent): 3 sets of 12 to 15 reps
4. Leg raises (hanging leg raises or lying on back): 3 sets of 12 to 15 reps
5. Bicycle crunches: 3 sets of 12 to 15 reps
6. Cool-down: 5 to 10 minutes

Day 4: Total Body

1. Warm-up: 5 to 10 minutes
2. Burpees: 3 sets of 8 to 12 reps
3. Mountain climbers: 3 sets of 30 to 60 seconds
4. Squat jumps: 3 sets of 12 to 15 reps
5. Push-up variations (diamond, decline, or clapping): 3 sets of 8 to 12 reps
6. Cool-down: 5 to 10 minutes

Progressive Overload

- Increase reps by 2 or 3 each week
- Increase sets by 1 every two weeks
- Decrease rest time between sets and exercises

Tips and Reminders

- Warm up and cool down with stretching and light cardio
- Focus on proper form and technique
- Rest for 60 to 90 seconds between sets
- Stay hydrated and fuel your body with a balanced diet
- Consult a healthcare professional or certified trainer before starting any new exercise program

Age-Specific Considerations

- Teenagers (13 to 18 years): Ensure proper form and technique, and gradually increase intensity and volume.
- Younger teenagers (13 to 15 years): Focus on developing overall fitness and athleticism, rather than specialising in specific exercises.

Please consult with a healthcare professional before starting any new exercise program.

Final Thoughts

The Christmas break is an excellent opportunity for teens to balance relaxation with meaningful activities. Whether they are exploring new skills, enjoying time with friends, or volunteering in the community, these experiences can help them grow and make the holidays memorable.

We hope this guide inspires some exciting plans! Have a happy and safe holiday season.

Mr Jacob Williams

Assistant Principal - Student Wellbeing





From the Business Manager

6% Discount Offer for 2025 Tuition Charges

Invoices for 2025 were issued in early November 2024. If you have not received your invoice for 2025 fees, please contact the office immediately.

A discount of 6% off tuition fees is offered to December 6. Please contact Ms Emily Hosking on 9468 3327 or via fees@parade.vic.edu.au to take advantage.

Payment Authority

Families are reminded that any Direct Debit Payment authorities for 2024 will remain in place unless we are advised otherwise. Payments will be updated for the current balance outstanding.

Families need to check their bank accounts to ensure that any existing arrangements have rolled over for 2025.

If you are a new family or do not have a Direct Debit payment authority in place, please return your form immediately.

If you would like to discuss other options available regarding the payment of fees, please call Ms Emily Hosking on 9468 3327 or email to fees@parade.vic.edu.au

Approved Payment Plans

Families who do not have an existing approved active payment arrangement are required to finalise any 'Brought Forward' outstanding balance immediately.

If you are experiencing financial difficulty with meeting your fee obligations or need some assistance with setting up your payment plan please contact Ms Emily Hosking on 9468 3327 or via fees@parade.vic.edu.au.

Charter Bus

Students travelling by charter bus in 2025 have been allocated a seat and billed for 2025 unless we have been advised otherwise. Please note one term's notice is required to cancel use of this service.

Families who no longer wish to use the service are required to forward a cancellation request to transport@parade.vic.edu.au or via letter addressed to Mr Anthony Glatzel, Logistics Coordinator.

Mr Paul Harris
Business Manager

Parade College
A Catholic School in the
Edmund Rice Tradition

**Liberating
Education**

**Gospel
Spirituality**

**Inclusive
Community**

**Justice and
Solidarity**

**EDMUND RICE EDUCATION
AUSTRALIA**



From the Preston Campus

After farewelling our Year 12 students in recent times, we begin preparing our Year 12 2025 cohort. A very successful Year 12 Commencement Camp took place at Phillip Island last week.

The 2-night 3-day camp had a focus on, among other things, identity, goal setting, leadership, inclusivity, and mental wellbeing.

An invitation to explore key values and learn more about themselves took place. New friendships were forged, and a range of fun activities took place. The swimming pool proved popular as temperatures rose!

The camp concluded with a Liturgy where students could reflect upon their goals and journey ahead. Special thanks to Mr Paul Watson and Mr Andre Botoulas for their untiring efforts and support.

Also, thanks to Learning Support Officers Ms Jo Catlin, Ms Belma Goven, and Mr Joshua Levi for their support in ensuring our boys were able to access the activities at camp.

The Edmund Rice Pathways Year 10 students conclude the year with a two-week Work Placement. A focus of this important part of our program is to further develop personal and vocational skills valued in the community and the world of work.

Special thanks to the Dean of VCE VM, Rob Gandolfo, for his work in facilitating these important arrangements. A Commencement Program will take place for our new 2025 Pathways students who will join the Preston Campus and begin their applied learning, vocationally based journey.

We are very excited to welcome our first female students to Parade College, in our 154-year history. Our VCE VM Sport Academy and Business Academy at the Preston Campus have a 'Commencement Program' beginning this week.

We look forward to welcoming the girls and Parade boys to this exciting program.

The College is blessed to have a program that gives these students direct access to a range of undergraduate programs at La Trobe University.

Mrs Kim Nicholls
Student Wellbeing Leader Preston Campus
Year 11 and 12





From the Director of Music

As we approach the end of the term, we want to acknowledge the hard work and dedication of all our students, especially during their exam times and preparations for concerts. It has been a busy few weeks, and we are proud of everyone. A special congratulations to our Year 12 students who have now completed their studies. This marks the end of a significant chapter in their high school journey. We are incredibly proud of all your achievements and the passion you have brought to the music program over the years.

Carols Under the Cross

We are excited about our upcoming Carols Under the Cross Concert. The concert will feature a variety of performances, including ensemble pieces, large-scale works, and pieces from our classroom music program. This festive evening promises to showcase the immense talent of our students and celebrate the spirit of the season.

The Wedding Singer Musical Production

A big congratulations to the students selected for the upcoming musical production of The Wedding Singer. Your dedication and hard work in auditions paid off, and we cannot wait to see you bring this energetic and heartwarming show to life on stage.



Above: Year 7 Music Students in Classroom Rehearsals

We will begin collaborating with Santa Maria College in rehearsals and read-throughs, which will extend into next year as well.

Music Lessons and Scholarships

Students wishing to start music lessons next year can use the following link:

www.parade.vic.edu.au/education/music

Scholarship opportunities also exist for the following categories:

- Year 7 or 8 student - One 25-minute individual lesson
- Year 9 or 10 student - One 25-minute individual lesson
- VCE Music Performance student - One 50-minute lesson

Full details and the application link can be found via the link above. For further information please email music@parade.vic.edu.au.

Wishing all our students the very best for the remainder of Term 4.

Mr Dean Flannagan
Director of Music



From the Community Action Centre

Community Action Christmas Appeal

We are once again running our annual Community Action Christmas appeal.

This year, we are partnering with four agencies that do incredible work in supporting those in need -particularly at Christmas.

Rizeup, Big Group Hug, Salvos, and Vinnies make a real difference in the lives of those in need. Let us come together as a school community to support those in need.

We are asking every student to bring in at least one donation. Your donations will benefit families facing hardships. Every gift counts, no matter how small!

The 2025 Prefect team has allocated different donation categories for each of the Houses of as follows.

Bodkin House	Toiletries
Lynch House	Stationery
Treacy House	Toys and Books (good condition second-hand items are welcome!)
Nolan House:	Non-perishable groceries
Hughes House:	Non-perishable groceries
Preston	Stationery and small toys/books/ Non-perishable groceries

Every student who donates fifteen or more items gets an entry into a raffle to win a \$200 voucher to Funfields.

Donation boxes will be placed in each Tutor Group and Receptions. Donations will be collected until the end of the Term. Donate today and help us share the joy of giving!

Let's make this Christmas a time of giving and hope! Together, we can make a real difference in our community.

Spread the word, donate generously, and let's bring joy to those in need.

This Is Your Life Intergenerational Project

On Tuesday 12 November, Vasey House Aged Care hosted a vibrant and heartwarming Meet and Greet for the This Is Your Life intergenerational Project, bringing together students and the residents they will be working with.



Above: Students listening to stories as part of the This is your Life Intergenerational Project

The project, which pairs young people with older generations to create meaningful connections, kicked off in an exciting way, sparking conversations that have already bridged generational gaps and started fostering understanding across ages.

The room was filled with shared stories, setting the tone for what promises to be a transformative experience for everyone involved.

At the heart of the project is the desire to connect generations, allowing the students and residents to learn from each other's life experiences, wisdom, and perspectives. The project promises to create meaningful bonds that transcend age.

The Meet and Greet event was just the beginning of a journey that promises to bring generations closer together. I look forward to seeing how these connections evolve and the lasting impact they will have on all involved.

A group of Year 9 and 10 students visited Vasey House for the Intergeneration Project: This Is Your Life.

Starting in 2025, students will be grouped with a resident and learn about their life. The result of the project will be a video

with photos and information about their life.

I met with my resident Collin, who was an Air Force pilot for 9 years. I am looking forward to getting to know more about Collin's life and am sure he will enjoy reliving his favourite moments.

Alessandro Fato Year 9 N17

Community Action Christmas Party for Aged Care Residents

The Annual Christmas Party for Aged Care Residents, hosted by our wonderful students, promises to be another truly heartwarming occasion filled with festive cheer, meaningful connections, and unforgettable moments. The Community Action students have been working hard to plan the event to ensure our guests have a wonderful time.

I have been heartened by the response from our students wanting to be involved on the day.

A huge thank you to all the student volunteers who have helped so far in the planning to make this year's Christmas Party for Aged Care Residents a joyful event. Your efforts will bring the spirit of Christmas to life in the Greening Auditorium and create lasting memories for everyone involved.

Brewed to Perfection: A Year of Learning and Growth

As the school year draws to a close, we want to take a moment to reflect on the incredible journey of our student-run Social Enterprise - The Bluestone Café.

We have had a great team of baristas working each morning and recess.

Along the way, the students have developed important skills in teamwork, leadership, and problem-solving, all while raising awareness for various social causes.

Each month, a portion of the café's profits is donated to local charities and community organisations. This year, we have been proud to support Eddy Rice Camps, and other causes such as homelessness, and mental health initiatives.

Staff and students alike have enjoyed a coffee, hot chocolate or one of the delicious cookies that Year 9 Harry Pitts' L17 mum bakes fresh each week.

Many have shared how the Café has helped foster a sense of belonging and school spirit as our customers gather for a chat.

Looking Ahead

As we reflect on the success of the Café, we are already looking forward to next year, with plans to train more students to join our team and plans to increase our community outreach.

A huge thank you goes out to the dedicated students who have made the Café a success this year. Your passion and commitment have not only made the Café a thriving enterprise but also a powerful example of what can be accomplished when we work together to make a positive impact.

I have loved working at the Bluestone Café over the last few years, and it has taught me many skills, in both customer service, and making coffee.

The Café is something I can look forward to doing whenever I am free, giving me something worthwhile and fun to do in my mornings and recesses. And as a bonus, it is an initiative that I can enjoy alongside my friends, while also getting to meet many new friends through the Café.

If you are a student who is interested in meeting new people, doing something enjoyable during recess, or getting a few skills before you start working, the Bluestone Café is a great place to do so.

Viyana Perera Year 9 N17

The Bluestone Café has a wonderful community with many satisfied customers. It has been wonderful working shifts, and it has given me a whole new set of skills and opportunities.

Harry Pitts Year 9 L17

**Ms Anne-Marie Morello
Community Action Convenor**





From the Dean of High Performance Sport

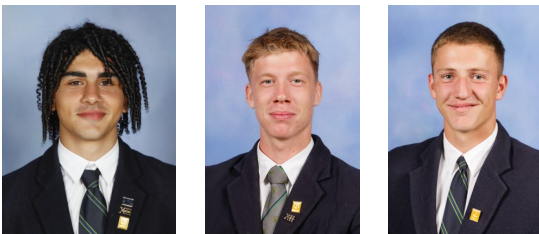
AFL Draftees

Last week we celebrated the drafting of three recent Old Paradians by AFL Clubs at the 2024 AFL National Draft.

Isaac Kako (OP 2023) was taken in the first round by Essendon. Isaac made major contributions to AFL and Athletics during his time at Parade College from 2018 to 2023. In 2023 he was the Parade College Senior Sportsman of the Year and kicked a famous last quarter goal for Parade to take the lead against St Bede's in the 2023 ACC Grand Final and break a 14-year Senior ACC Premiership drought for the school.

Thomas Sims (OP 2024) was drafted by Richmond. Thomas joined Parade in 2023, entering the Senior Sport Academy. Thomas won multiple individual events at the ACC Athletics across 2023 and 2024 including breaking the Under 17 ACC record for High Jump in 2023. After playing as a Ruckman and Defender in 2023, Thomas shifted to the key forward role this year and played for Vic Metro in the National Championships, where he was able to showcase his athleticism and potential.

Zak Johnson (OP 2024) will join Isaac and Nate Caddy (OP 2023) at Essendon. Zak joined Parade College in 2022 and had an immediate impact in our High Performance AFL and Basketball programs playing in Senior Premierships in both sports. Zak was appointed as the Parade College 1st XVIII Captain this year and won the Best on Ground medal in the 2024 AFL Herald Sun Shield Final. A recognised leader, Zak was also the Captain of the Northern Knights this year and won the club's Best and Fairest Award.



Above: Our 2024 AFL Draftees Isaac Kako (OP 2023), Thomas Sims (OP 2024) and Zak Johnson (OP 2024)

We wish all three boys well in their AFL journey and acknowledge the work of Parade staff in assisting the boys to get to a level where they can realise this opportunity.

Term 4 ACC Results and Finals

Cricket

With the implementation of the Cricket Development program for more structured skill acquisition and tactical awareness and the added resource of the Waterford Centre coming online in mid-2024, our Cricket program has significantly expanded, and this year captured some tremendous results.



Above: Our Year 7 Cricket Premiers

Below: Our Year 8 Cricket Premiers



With the Senior team claiming the T20 Premiership in March, our Junior teams have also excelled this term, with the Year 7 and Year 8 Division one teams both claiming the ACC Premiership, (our Year 9s are also in the Grand Final which is yet to be completed at the time of publication). Our Year 7 Blue team were also victorious in Division 2, Year 8 Blue were Runners Up and Year 9 Division 2 and Year 7 Purple were Semi Finalists.

Tennis

All four Year 7 to 10 Division One Tennis teams progressed to the ACC Grand Final this Term. Year 7, Year 9 and Year 10 were Runners Up.

The Year 8 team were able to repeat their Premiership success from 2023, winning a hard fought 7-5 victory against St Bernard's.

Number One player Year 8 Mark Trbic L15 led the way, setting the tone with a 6-0 singles win and a similarly dominant display in the doubles.

Volleyball

Our Volleyball program continues to make inroads thanks in no small part to the year-round development program co-ordinated by Mr Chris Sedgman and Mr Daniel Crewther, and coaching specialists Jayant Batish and Xavier Bui.

Nearly all teams progressed to the ACC Semi Finals this year and Year 8 2D, Year 7 2C and Year 7 2D teams were Premiers last week.

Basketball National Championships

Best wishes to our Under 15 Basketball squad, who travel to the Gold Coast next week to participate in the National Basketball Championships against 11 other schools from around the country that will compete for the Division One Championship.

Mr John Baxter

Dean of High Performance Sport

Advent
A Season of Hope
& Expectation



Snapshot @ Parade

This Year, over 160 local primary school students from Grades 2 to 6 had the chance to experience an afternoon at Parade College, exploring a variety of exciting learning areas. From science experiments to thrilling sports play, interactive math challenges, engaging humanities activities, and hands-on technology workshops, the program offered something for everyone.

Students also got a taste of creative English writing, working with Parade College's exceptional teachers and enthusiastic student volunteers. Volunteers like Year 8 students Dylan Williams L15, Leroy Angley N12, Xavier Cokelek B16, Alex Stella B12, and Fabien Habboush H14 played a key role in guiding and mentoring the young visitors.



Above: Some of our Feeder Primary School students enjoy the Snapshot @ Parade Program

"Parade College is the only high school I want to attend!" was one of the many positive quotes received from the prospective students.

The program highlighted the variety of opportunities available at Parade College while fostering excitement about learning in a fun and welcoming environment.

Mr Matt Simpson

Gifted and Talented Programs Convenor



From the Learning Centre

Parade Reading Challenge Winners

In 2024, all Parade students were enrolled in the Parade Reading Challenge, logging their minutes read into the online reading logging platform, *Beanstack*. Once verified with a member of the library team, many types of reading could be counted, such as novels, audiobooks, manga, and non-fiction. Over 600,000 minutes were logged by the 730 Parade students who were active readers in the challenge, and over 140,000 minutes by staff. Over 7600 digital achievement badges were awarded, 50 activities completed, and almost 500 reviews submitted.

These figures are a tremendous achievement and show that *Reading Matters at Parade*. The classes who read the most minutes in Term 4 were the Year 7 and 8 Altior classes. The top three winners will be announced on the final day of Term 4 during year level assemblies. Congratulations to the winners, especially the grand trophy winner, who read over 50,000 minutes, which is over 3,000,000 seconds!



Parade Summer Reading Challenge

A Summer Reading Challenge will begin on 1 December 2024, running all days of summer, concluding on 28 February 2025. Reading is again logged onto *Beanstack*, and all verified reading is included (reading will be verified in 2025).

Novels required for English can be included. Canteen vouchers and more will be up for grabs for the top readers at the end of the challenge! Further information on the challenge can be found on the Learning Centre Homepage from 1 December.

Mr Dante Gabriele

Learning Centre Leader (Head of Library)



From the Property Manager

Clearing Lockers

All parents and carers please note that students at both Bundoora and Preston have been advised that they must clear their lockers by Friday 6 December and they will need to take their padlocks home with them.

We would appreciate parents and carers reminding their Children that they need to do this. All lockers will be cleaned on Monday 9 December, and any items left in lockers will be discarded.

The College cannot take any responsibility for missing items or locks left in or on the lockers after school finishes.

Mr Mario Camilleri

Property Manager

Sport Academy Scholarship

Scholarships Available for 2025
Visit www.parade.vic.edu.au to enrol

With the addition of full-time female students, we are excited to announce the Sport Academy Scholarship (all sports) for female students commencing at the Preston Campus in 2025 in the Tertiary Pathways Program.

This Scholarship recognises the foundation female students commencing at our Preston Campus in 2025, to nurture and encourage these students to succeed in their pursuit of excellence in their chosen sport.

Limited Positions Available
For more information:
e. enrol@parade.vic.edu.au
p. 9468 3300

Parade College *Subject to VRQA Approval



PARADE COLLEGE
OPEN DAY
Sunday 23rd February
9.30am - 1.30pm



WWW.PARADE.VIC.EDU.AU
1436 PLENTY ROAD, BUNDOORA



From the Waterford Garden

The Waterford Garden urban farm and sustainability program has again been successful at the Victorian Schools Garden Awards run by the Victorian Nursery and Garden Industry.

The awards program has been running since 1977 and is open to all Victorian State, Catholic and Independent schools that run garden programs.

The Waterford Garden has been operating at Parade College since 2016 and involves students of all year levels who are interested in horticulture, urban farming and animal husbandry.



Above: Our Waterford Garden Team with Parliament Secretary for Education Nina Taylor

Our winning entry in the Most Engaging Garden for Learning category was the culmination of a year of solid work and engagement from students and teachers which was showcased in our entry application.

Congratulations to all students who have been involved in the Waterford Garden.

Mr Andrew Walker
Sustainability Advocate



From the Trade Centre

Earlier this year, I was approached by Victoria Police about the Victoria Police Blue Ribbon Foundation, which perpetuates the memory of Victoria Police employees who have died in the line of duty. The Foundation is a non-profit, community-based incorporation comprising members, volunteers, sponsors, and supporters who share common goals.



Above: The Blue Ribbon Foundation collecting the Cubby Houses from the Trade Centre this week

The Victorian Police Ararat Branch has two major fundraising events each year with a Black Tie Gala Night, which includes an auction, held the last Friday in May, and the Grampians "Ride to Remember" held the first Sunday in February.

Senior Detective Kate Gleeson contacted us earlier in the year about the possibility of our VET and Vocational Major students donating two cubby houses for the Gala Auction in 2025.

The Victorian Police Blue Ribbon Foundation relies heavily on the support of organisations, businesses, schools and individuals throughout the wider community, and the Parade VET and Vocational Major students were extremely proud to be part of this project.

Mr Simon Hogan
Trade Teacher



From the Development Manager

Academy Uniforms

Students will commence Term 1 2025 in the Summer Uniform. Uniform items can be purchased online from Academy Uniforms at www.academyuniforms.com.au or onsite at their Thomastown store: 238 Wolseley Place, Thomastown.

The Uniform Shop at Bundoora Campus will reopen on Friday 31 January from 8.00am to 9.00am.

Enrolments

Applications for Year 7 2027 are currently open and will close on Friday 15 August 2025.

If you have a son who is currently enrolled at Parade, you are still required to submit an application for younger siblings.

There is limited availability for 2025 in all other Year Levels. Applications are online and submitted via the College website.

Open Day

All existing and new families are invited to explore our facilities at the Bundoora Campus during our Open Day on Sunday 23 February from 9.30am to 1.30pm. Registrations can be made via the following link: <https://pc-au-vic-986.app.digistorm.com/forms/open-day>.

Paradian

To enable us to capture all of the exciting events happening at the College occur during Term 4, including right up until the end of the 2024 academic year, this year's Paradian will be published later than usual and will be available to students in early February.

Students Not Returning in 2025

If your son is not returning in 2025, please contact the Enrolment Office via email at enrol@parade.vic.edu.au to enable timely completion of the appropriate paperwork.

Student Photos 2025

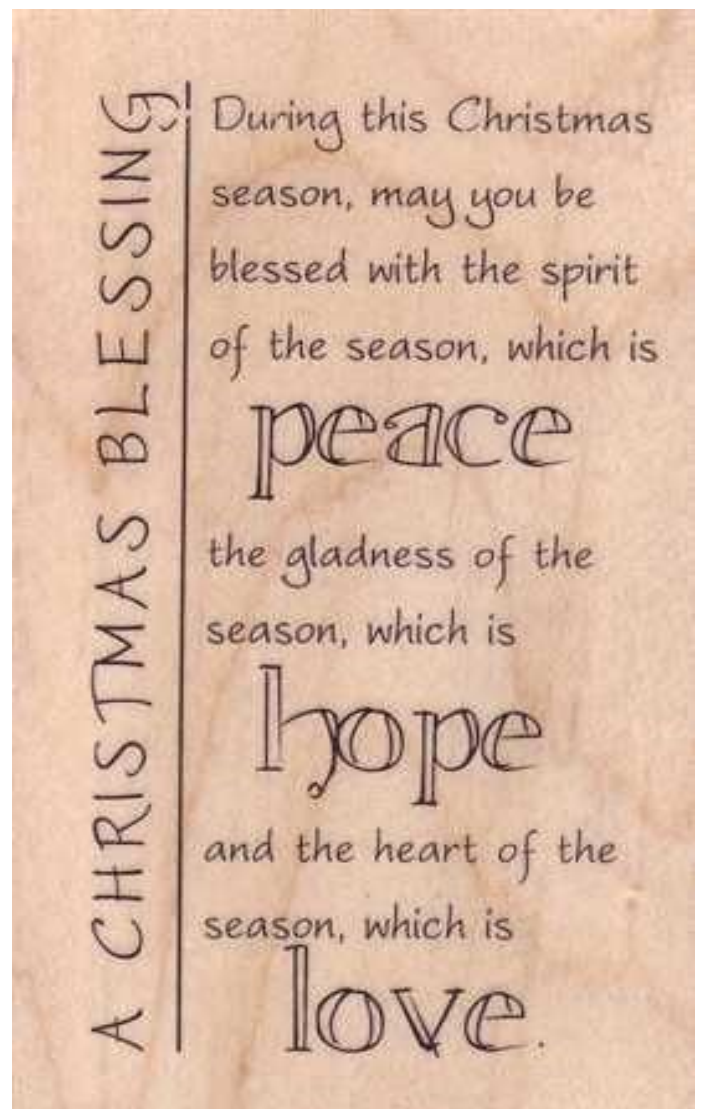
Student photos will be taken on Thursday 6 February for Preston Campus students and Friday 7 February for Bundoora

Campus students. Further details regarding Photo Days will be published in the first 2025 *College Newsletter*.

Christmas Wishes

On behalf of the Development Office, we wish all families the peace and joy of Christmas and a prosperous 2025.

Ms Jenine Fogarty
Development Manager





Parade Maths Competition

This November, our Year 7, 8, and 9 students took part in an extensive Parade Math Competition, where students tested their skills and knowledge in a wide range of mathematical topics. Held from Monday 11 November to Friday 15 November, the competition provided a dynamic and interactive way for students to engage with mathematics, while revising for their upcoming exams.

Hosted on the Education Perfect platform, the competition challenged the students to answer questions across several key areas, including algebra, linear equations, quadratics, probability, data analysis, and congruence. Students had the opportunity to tackle these questions both from their homes as well as during school hours, making it an accessible and flexible challenge for all.



Above: Students competing in the Parade Maths Competition

Many participants were thrilled by the competitive aspect, pushing themselves to reach new milestones each day. By the end of the week, our students had answered over 90,000 math questions.

Students were answering as many questions as possible in order to attain the top position on the leaderboards. In recognition of their outstanding efforts, over 40 students



Above: (L - R) Year 7 students Viswajit Sakhivel L17 and Daniel Dang B14 receiving their awards from Mr Aiello

earned Gold, Silver, or Bronze Certificates based on their performance on the platform, with the top students in each Year Level being awarded a Hoyts voucher for their efforts. These accolades are a testament to the hard work and dedication of our students throughout the week.

Overall, the Parade Math Competition was a huge success, fostering a love for mathematics while also encouraging friendly competition and academic growth. We are incredibly proud of all the students who participated and look forward to more opportunities to engage in similar challenges in the future. Congratulations to all our winners and participants!

Mr Nathan Spurr
Convenor of Mathematics - Year 7 and 9





From the Old Paradians' Association

The Old Paradians' Association is busy calendar year is concluding. Since our last *Newsletter* report, we have completed our Annual Golf Day, the Old Paradians Association RACV November lunch and, just last week, a small and enthusiastic group of 2023 Alumni gathered at Welcome to Thornbury for a get together.

We are fortunate that 2023 College Captain Matthew Warke has joined and the Old Paradians' Association Committee this year, and was a big help in getting the word out about the gathering. The boys commented on how quickly the year had gone and spoke with great pride and gratitude for the connection to our wonderful school.

The beautiful Rosanna Golf Club hosted the Old Paradians' Association Annual Golf Day again this year. Following on from the great day held last year, Steve Nailer (1987) and 'The General' Luke Thomas (1988) again did a fantastic job in organising the event. Clearly our players really enjoyed the day as the vast majority of the 2023 participants returned for this year's event.



Above: (L-R) Old Paradians Warren Richards (OP 1982), Jason Croall (OP 1985), Chris Keating (OP 1984) and Brek Mansfield (OP 1991) at the Golf Day

Sincere thanks to Steve and Luke and the sponsors that

donated prizes on the day. Sponsors included, Qube Logistics, Rosanna Golf Club, Rod Harvey (1978) and Leckys, Andrew Bennett (1999) from Veritas Recruitment, Peter Reid from Asahi, Nick Puccio (1987) from Look Blinds and Curtains, and the Old Paradians' Association.

Over 90 participated in the day that included pre-game and post-game food and drinks commencing with registration from 11.15am with shotgun start from 12.30pm. A dinner was held for those that wished to stay, and this year, 60 stayed for the dinner after presentations were completed.

The day was a tremendous success. The Old Paradians Association is so very grateful for all who supported the event. Special thanks to Rosanna Golf Club They did a magnificent job.

We look forward to the event again in November 2025!

Principal Mark Aiello (1990) was the keynote speaker at the RACV Club's OPA November lunch. Mark was joined by College Business Manager, Paul Harris (1997). Guests were proud and amazed at the developments at the College that Mark was able to outline. The Principal's presentation is now an annual event at the November lunch.

Mr John Nicholls
Alumni Officer



From the Parents of Parade (POP)

Reflecting on 2024, it's been a fantastic year for the Parents of Parade! The various initiatives we've undertaken have brought us closer as a committee and enriched our experiences of giving back to the school and students at Parade.

The 2024 Mega Raffle is POP's Major Fundraiser for the year! We have some amazing prizes for families to win and want to thank the great businesses that have helped us with donations. If you haven't bought your tickets yet, you can do so via: <https://rafflelink.com.au/megaraffle2024>.

If you were considering purchasing a paver for your family, this is your last opportunity to order. Just follow the link: <https://events.humanitix.com/parents-parade-brick-paver-fundraiser-2024>

Thank you to all who helped POP in 2024 at different events or via fundraising. A huge thank you to the Committee and those who always turn up to help when POP needs it.

We also extend our heartfelt thanks to Linh Premoselli, who finishes with the Committee as her son finishes Year 12. She has dedicated six years to the committee, and we deeply appreciate her commitment.

The Committee for 2025 will continue with myself as President, and we welcome existing Committee members who have stepped into elected roles:

- Patricia Liddell - Vice President
- Leesa Mecandante - Treasurer

The Committee is working towards many goals in 2025, including supporting programs within the school, hosting Trivia Nights, Family Games Night, and other celebrations for Mother's and Father's Day.

Please reach out if you would like to be a part of the Committee in 2025. We welcome all people to get involved.

It doesn't take a lot of your time, but you have the opportunity to meet other families, contribute ideas, and support Parade into the future.

Best wishes for the Festive Season.

Bethany Henry
Parents of Parade - President

Parents of Parade would like to thank the following businesses for supporting the 2024 Mega Raffle:



At LoanConsultants, we take pride in our personal yet professional approach to mortgage broking. As a local family-owned business, we are dedicated to serving our community with integrity and expertise. We offer to review your current interest, negotiate a new rate or help you work out what you can loan in the future.

For a confidential discussion, call or SMS Pietro at 0427 700 750 or email pietro@loanconsultants.au.



The Stolberg proudly showcases a diverse food and beverage offering that caters to all walks of life. With an extensive wine list, craft beers, and cocktails, we have just what your palate desires, whether you're enjoying a steak or sharing a snack with friends. Next time you're looking for a function space or a dinner with friends, contact the team at the Stolberg, High St Preston.



Discover the magic of O'Heas, where deliciousness knows no bounds! Indulge in our freshly baked bread, delectable cakes, and mouth-watering pastries. Explore our selection of catering, fresh fruit and vegetables, groceries, and a variety of beer, wine, and spirits. Order today and let us bring a slice of joy to your table!



Transform your outdoor space with our BBQs and essentials. Our range includes high-quality grills, smokers, and accessories to elevate your gatherings. Whether you're a seasoned barbecuer or just starting out, we have everything you need. Explore our collection of BBQs, outdoor furniture, alfresco fridges, Yeti and more to create an inviting atmosphere for family and friends.



Academy Uniforms is the proud uniform supplier for Parade College. We offer a wide range of high-quality, stylish, and durable uniforms that meet the needs of students. Our commitment to excellence ensures that everyone at Parade College can wear their uniform with pride.



Arthur Reed Photo lead the field in delivering a diverse range of services to schools throughout Victoria. From professional photography to teacher and student diaries, yearbook printing and design software, and whole school photography, we provide comprehensive solutions that capture and celebrate school memories.



From the Careers Centre

Congratulations to the Year 10 Students from Bundoora campus who participated in the Work Experience program last week. Staff who contacted students were very impressed with the positive feedback they received from employers.

Students participated in a variety of different workplaces from schools, trade sites, retail stores, health services, accounting and law firms, and many others.

We would like to thank all the businesses and employers who offered our students valuable experiences throughout the week and took time to ensure that students were actively involved in workplace activities.

We appreciate the support of parents and carers who helped to organise placements for their children and a special thank you to the Parade College staff who spent time visiting and making enquiries about students during a very busy time of the year.

We are also very thankful for Mark Aiello and the Leadership Team who are very supportive of the College's Work Experience program. There were over 270 students out at placements, and this requires a great deal of administration and organisation from the Careers team, so thank you to all involved.

We look forward to remaining in touch with our employers and hope that many will be interested in offering the opportunity to Year 10 students in 2025 to complete their Work Experience.

Mrs Liz Bult
Careers Leader

Calendar

The following important dates in the College calendar can also be found on our website under the 'News' tab

28 November	* Christmas Party for the Elderly
2 December	* School Advisory Council End of Year Dinner
3 December	* Homework Club
4 December	* Year 9 ExCEL Orientation Day 2
	* Homework Club
	* OPA Christmas Dinner
6 December	* Term 4 Concludes
10 December	* 2025 Year 7 Orientation Day
11 December	* OPA Monthly Luncheon
12 December	* VCE Results are released at 10.00am
13 December	* Staff Mass
	* Preston Reception Closes
20 December	* Bundoora Reception Closes at 12.00pm
24 December	* Christmas Eve
25 December	* Christmas Day
26 December	* Boxing Day
31 December	* New Year's Eve
1 January	* New Year's Day
20 January	* Bundoora Reception Opens
28 January	* All Staff Return
30 January	* Year 12 La Trobe University Day
31 January	* Year 7, 11, and 12 Students Commence
3 February	* All Students Return

MERRY CHRISTMAS



A WORLD OF OPPORTUNITIES

PARENTS OF PARADE

PRIZE 1

WIN YOUR SCHOOL FEES



PRIZE 2



PRIZE 3



JERSEY SIGNED BY KEVIN DE BRUYNE

Enter to Win MEGA RAFFLE 2024

24 PRIZES TO WIN!

- VOUCHERS TO BE WON:
- X1 \$500 ACADEMY UNIFORM
 - X3 \$50 O'HEAS BAKERY
 - X6 \$50 STOLBERG
 - X3 ARTHUR REED PHOTOS
 - X1 \$100 VILLAGE CINEMA
 - X1 THE KEYS \$200 VOUCHER & LOTS MORE!

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