



A WORLD OF OPPORTUNITIES FOR YOUNG MEN

No. 15 14 September 2023



## From the Principal

### EREA Supports the Voice to Parliament

In November 2022, EREA endorsed the Uluru Statement from the Heart, stating:

*We stand in solidarity, alongside our First Nations peoples, in their calls for a Voice and acknowledgment enshrined in the Australian Constitution...*

*The establishment of a First Nations Voice to Parliament enshrined in the Constitution, and the establishment of a Makarrata Commission for the purpose of truth-telling is at the centre of this justice. We support this road to Treaty."*

[EREA Endorses Uluru Statement of the Heart - Edmund Rice Education Australia.](#)

Within the EREA Acknowledgment of Country, we accept: *"the invitation contained in the Uluru Statement From The Heart to listen to the First Peoples of Australia and work together for reconciliation, justice, equity, and healing."*

The Voice to Parliament is an authentic outcome of this invitation which will have deep and lasting impact on the future of First Nations peoples within Australia and the reconciliation of this nation.

In living out the commitment to justice and solidarity (The Charter for Catholic Schools in the Edmund Rice Tradition), to Truth Telling (Stretch RAP Respect Action 10) and to deep

listening (EREA Learning Statement), we support and encourage school communities to continue their reconciliation learning journey, including what a Voice to Parliament could look like and the possible impacts that could be felt by Aboriginal and Torres Strait Islander people as a result of having an enshrined voice.

We need to be reminded that all Australians have a unique opportunity to vote on a proposed amendment to the Constitution that recognises Aboriginal and Torres Strait Islander peoples as the First Peoples of this country.

This recognition will be seen through the establishment of a Voice which will be an independent, representative body for First Nations peoples speaking on behalf of issues effecting Aboriginal and Torres Strait Islander people. Specific and accurate details regarding this democratic process should be explored and encouraged in our community through the [Australian Government website.](#)

We stand in solidarity with like-minded organisations including: the National Aboriginal and Torres Strait Islander Catholic Council (NATSICC), Reconciliation Australia, the Australian Catholic Bishops Conference, National Catholic Education Commission (NCEC), Catholic Social Services Australia (CSSA), Caritas and the Edmund Rice Centre.

### Trivia Night

On Thursday 31 August we hosted our first Annual Family Trivia Evening. It was very well attended for a first-time occasion and we had many of our younger students and their families participate.

There were many prizes awarded on the evening and a couple of staff tables – one in particular settled in for the evening and had a lovely shared dinner, whilst they focused on the trivia questions. All proceeds went directly to the Nazara hospital in

South Sudan and we look forward to hosting this event late in Term 1 of 2024.

### **R U OK? Day**

This Thursday 14 September will be National R U OK? Day, and we want to encourage everyone to stay connected and make asking "R U OK" part of every day.

RU OK? Day is a national day of action that revolves around the simple yet powerful question, "R U OK?" It encourages individuals to reach out and have meaningful conversations with their friends, family members, and colleagues.

By asking this question and genuinely listening to one another, we can help support those who may be struggling with their mental health. While this is celebrated on one day to raise awareness, it is an ongoing conversation we encourage our young people to engage in.

Life's ups and downs happen to all of us, no matter how big or insignificant something may seem, there is always the chance someone you know might be struggling.

Are you comfortable asking? 'Are you OK?', You don't need to be an expert to have an R U OK? conversation. Listening and giving someone your time might be just what they need to help them through and the greater chance we have to help someone before they are in crisis.

As part of our recognition of R U OK? Day, people in the community will be wearing yellow on Thursday. Yellow is the official colour associated with this initiative and represents hope and optimism.

Our students have the opportunity to wear casual dress on the day and provide a gold coin donation. Further details are provided later in the Newsletter. Wearing a splash of yellow will not only make our school environment more vibrant, but also serve as a reminder of the importance of normalising conversations around mental health. Further information is available on the R U OK? website .

### **College Uniform - Expectations**

All students are expected to wear the College uniform correctly at all times. Some students are choosing to wear items of clothing to school that are not part of the College uniform, e.g.; wearing different coloured hoodies under their PE uniform, black track pants instead of the Parade College

PE track pants, and some of the older students are forgetting to shave on a regular basis.

Can I please ask all parents and families remind our students of the expectations around the wearing of the College uniform correctly at all times.

The uniform requirements are printed in the Student Planner. If students do not have the correct PE uniform on a day that they are permitted to wear it, they must wear the normal College uniform to school and change into their Parade College PE uniform prior to class or sport.

Alternate track pants and hoodies are not permitted under any circumstances.

All staff will be working with the students to ensure they are in correct uniform and to support the majority of students who wear the uniform correctly on a daily basis.

As we approach the Term 3 holidays, can you please use this time to check that your child has all uniform items ready for the start of Term 4. Your support with this over the coming weeks would be greatly appreciated.

### **ACC Sport Update**

I congratulate all of the students who tried out, trained and participated in a range of ACC activities across the term. Some of our results are noted below:

#### **ACC Cross Country**

This year we competed in Division 2 and ending up winning the division by 900 points.

We won all individual age groups – U13, U14, U15, U16, U17 and Open and won the 3 cups: Junior, Intermediate and Senior

We now look forward to moving back into Division 1 in 2024.

#### **ACC Term 3 Grand Final Wins:**

Senior A Basketball  
Year 10 A & B Basketball  
Year 9 Blue Table Tennis  
Year 9 Blue C Basketball  
Year 8 Hockey  
Year 8 Blue D Basketball

Year 8 Blue Division 2 Table Tennis  
Year 7 Blue Division 2 Table Tennis

Thank you to all of the ACC coaches and our support staff.

### Term 3 Break

I take this opportunity on behalf of all the staff at Parade College to wish you and your families a relaxing break over the Term 3 holidays.

Whilst many of you continue to work during this time, it is hoped that the students can recharge over the two weeks, consolidate their learnings from Term 3, and also spend some quality time with their families. Term 4 commences on Monday 2 October.

If you follow an AFL team that is still in the finals, I wish your team every success over the coming weeks.

**Mr Mark Aiello**  
**Principal**



**Parade College**  
A Catholic School in the  
Edmund Rice Tradition

**Liberating Education**

**Gospel Spirituality**

**Inclusive Community**

**Justice and Solidarity**

EDMUND RICE EDUCATION  
AUSTRALIA



### From the Dean of VCE Vocational Major

In the second last week of Term 3, the Year 10 Edmund Rice Pathways Program (ERPP) and the Year 11 VCE VM Students began their third block of two weeks Work Experience for the year. Work Experience gives our students an understanding of the work environment and what employers expect of their workers, and an increased self-understanding, maturity, independence and motivation to continue to study and undertake further training in a career they can see themselves in.

With thanks to the VCE VM and ERPP teachers and staff for visiting the students during their placements. It is great to see the boys making the most of the experience, and especially where some students are looking to use this opportunity to make a connection to take on a school-based Apprenticeship in 2024. One employer has already indicated that he was so impressed with one of our students, he has already offered him an Apprenticeship or SBAT for next year!

Congratulations to those students who received Acceptance Letters for ERPP and VCE VM 2024. These students will be undertaking Headstart at the Preston Campus in Term 4 and details regarding the program will be communicated to families shortly.

**Mr Robert Gandolfo**  
**Dean of VCE Vocational Major**





## **CALLING ALL PARENTS, FRIENDS AND PARTNERS OF PARADE COLLEGE**

We are looking for employers to host our Edmund Rice Pathways and VCE Vocational Major students for the Term 4 Work Learning Program.

This is an opportunity for our students to experience the world of work and practise the skills they learn in the classroom in a real-life working environment.

We are looking for host employers from business, retail, and all trades.

Please email  
[robert.gandolfo@parade.vic.edu.au](mailto:robert.gandolfo@parade.vic.edu.au)  
if you can support our students with work experience  
and assist with this valuable program.

#aworldofopportunities



## From the Assistant Principal - Teaching & Learning

We would like to express our appreciation for your attendance at the recent student progress interviews. A strong partnership between families and the school is essential for improving the success of our students. By working together, we can provide the support and guidance necessary for our students to reach their potential.

We are grateful for the opportunity to discuss your sons' progress with you and to hear your valuable insights and feedback. We look forward to continuing to work together to help them achieve their goals.

### 2024 JacPLUS - Jacaranda e-Textbook Bundle for Years 8 to 10 in 2024

In 2024, Parade College will continue to use Jacaranda's \$115 Digital Bundle as it is the digital textbook and educational resource provider for students in Years 7 to 10.

To ensure that your son receives his digital textbooks and resources for the 2024 school year, please order and pay the \$115 (plus a \$5 booking fee) online via Jacaranda's payment portal by 27 October 2023.

Jacaranda's payment portal will be available from 18 September 2023. Instructions on how to do so were emailed to families on 11 September.

Year 10 Edmund Rice Pathways Program (ERPP) students at Preston in 2024 are not required to purchase the Jacaranda Bundle.

### VCAA VCE and VET Unit 3 and 4 Written Examinations

The first written exam for most students is English, which will take place on Tuesday 24 October.

However, Language Oral and Music Performance examinations will commence on 2 October, and Minor Language exams will also precede the English examination.

Students involved in these exams should carefully check their timetables.

Each student will be issued with the VCAA Exam Navigator in the first week of Term 4, which contains all rules and regulations regarding the exam period.

An electronic copy is available here: <https://www.vcaa.vic.edu.au/Documents/Navigator/VCEExamsNavigator2023.pdf>

It is very important for every student to make the most of the final preparation time that is just ahead of them. The first few weeks of Term 4 consist of formal revision classes followed by informal revision (SWOT VAC - from 16 October until the scheduled exam dates), with Year 12 teachers available during regular timetabled class times up to the date of their respective exams.

Students are encouraged to attend school during this time to assist them with their preparation.

In many subjects, most of the study marks for the year are allocated from the exam score, so it is vital for each student to reach an academic peak come exam time. Accelerating Year 11 students will continue to attend all timetabled classes until the date of their respective VCAA examinations.

### Year 8 to 11 Semester 2 Examinations

We would also like to inform you about the Year 8, 9, 10, and 11 Semester 2 Examinations. These exams will commence in early November, with dates and details provided below.

During the examination period, Year 10 and 11 students are not required to attend school other than for scheduled examinations. Year 8 and 9 students should attend as normal and will have regular timetabled classes when not partaking in an exam.

All students are encouraged to allocate time from now, not only for homework but also for revising for the semester examinations. Your son will receive revision materials to assist in their preparations.

<b>Year 11:</b>	October 30 to November 10
<b>Year 10:</b>	November 1 to 10
<b>Year 9 and 8:</b>	November 13 to 16

**Mr Maurice Petruccelli**  
**Assistant Principal – Teaching & Learning**



## From the Assistant Principal - Partnerships & Organisation

### Solidarity Action Week

Throughout Week 8, there were a number of activities to mark Solidarity Action Week. I would like to thank the 100+ staff and students who attended the Parade Trivia Evening on 31 August and congratulate those who were lucky enough to walk away with some of the great prizes on the night.

My thanks to the Parents of Parade, Prefects, and the local businesses (including those owned or managed by Parade families) who donated prizes for the night.

The Solidarity Action Walk on 1 September was a highlight of the week and I commend all the students for their active participation in the Solidarity Walk at Bundoora and Solidarity Activity Day at the Preston Campus.

As part of our fundraising for the Nzara Hospital, we hoped that each student would raise at least \$10. We are still accepting fundraising donations for this worthy cause via: <https://events.humanitix.com/solidarity-walk>

### Local Area Traffic and Parking

We have received several complaints and concerned phone calls from our neighbours recently regarding erratic driving at pickup and drop-off times, as well as parking at the Villa Maria Hospital to collect students at the end of the day, which poses a safety risk with ambulance access being impacted. Please note the school speed zones around Parade College and drive with care.

### Upcoming Dates

For your planning, please note the following dates. Any changes to these dates will be communicated via the *Newsletter*:

- 15-17 November** Year 12 2024 Commencement Camp
- 20-22 November** Year 8 Camp (Bodkin Hughes, and Nolan):
- 22-24 November** Year 8 Camp (Lynch and Treacy):
- Friday 1 December** Final day for all students

**Friday 8 December**  
**Friday 15 December**

Preston Reception closes  
Bundoora Reception closes  
12.00pm

**Monday 15 January**  
**Thursday 1 February**

Bundoora Reception reopens  
Year 7, 11, and 12 students  
commence

**Friday 2 February**  
**Thursday 7 February**

All students return  
Preston Campus College Photo  
Day

**Friday 8 February**

Bundoora Campus College Photo  
Day

*Mr Michael Torpey*

*Assistant Principal - Partnerships & Organisation*



## Follow us on our socials



# ParadeCollege



## @paradecollegepc



# Parade College



# Save the Date

Parents and Carers Breakfast

Wednesday 25 October

7:30am - 8:30am



## From the Assistant Principal - Student Wellbeing

### R U OK? Day

On Thursday 14 September, Parade College will recognise R U OK? Day. Students will have the opportunity to wear a free dress with a gold coin donation, which will be collected in Tutor Group. Students are asked to wear yellow as part of their free dress to show their support for the day.

Last week our aspirant Prefects worked with student for CLC talking about mental health and R U OK? Day. Year 11 student Xavier Ferridge L02 recounts the day.

*Embarking on the Prefect Training Program for R U OK? Day was a truly enriching experience that left an indelible mark on my leadership journey.*

*As we stood united as future leaders of our schools, we engaged in candid conversations about fostering mental health support within our student community. The exchange of ideas and the collective commitment to make a positive impact were truly heart warming.*

*The event highlighted the power of unity and empathy, transcending school boundaries to address a vital issue.*

*Together, we explored innovative ways to promote well-being, spread awareness, and create a supportive environment for all.*

*This collaborative effort underscored the potential of young leaders coming together to instigate positive change. The Prefect Training Program for R U OK? Day was more than an event; it was a transformative experience that fortified our dedication to making a difference in the lives of those around us.*

School TV, which Parade subscribes to, has outlined more about R U OK? Day, its purpose, and materials to support families and students in ensuring they are checking in and being open with each other.

### Special Report: R U OK? Day

Understanding the growing challenges related to mental health among young people is an important consideration. Anxiety, depression, and self-harm are all causes of

concern. Factors like academic pressure, social media, family dynamics, and societal expectations are contributing to these issues.

It's therefore crucial for parents and carers to take action early, remove the stigma around discussing mental health, and offer accessible support to address these issues and the wellbeing of their children.

R U OK? contributes to suicide prevention year-round by urging people to invest time in personal relationships and empowering informal support networks to identify signs of distress.

We urge all families to take part, emphasising the value of genuine human relationships and reminding everyone to ask the important question, "Are you OK?"

Engaging in R U OK? Day activities go beyond the classroom; it's a commitment to our students' overall development.

By talking openly about mental health, schools create safe spaces where students feel understood, valued, and supported.

As parents and carers, you can contribute by fostering open conversations, normalising feelings, and breaking down mental health stigmas.

Participating in R U OK? Day promotes compassion and shows our dedication to the wellbeing of the entire school community, reaffirming that together, we can truly make a difference.

This Special Report provides guidance on how to talk to your child about mental health and engage in meaningful discussions.

We hope you take a moment to reflect on the information offered, and as always, we welcome your feedback. If this raises any concerns for you, a loved one, or the wellbeing of your child, please consider seeking medical or professional help.

Here is the link to your special report:

[parade.vic.schooltv.me/wellbeing\\_news/special-report-r-u-ok-day](https://parade.vic.schooltv.me/wellbeing_news/special-report-r-u-ok-day)

**Ms Sarah Pyle**  
**Assistant Principal - Student Wellbeing**



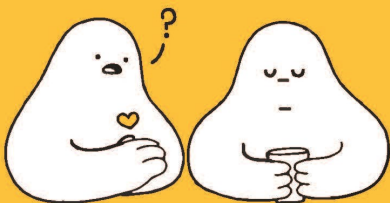
# Ask

## R U OK?™

No qualifications needed

### Have a conversation using these 4 steps

# 1



How are you travelling?

You don't seem yourself lately – want to talk about it?

### Ask R U OK?

# 2



I'm here to listen if you want to talk more.

Have you been feeling this way for a while?

### Listen

# 3



What do you think is a first step that would help you through this?

Have you spoken to your doctor about this?

### Encourage action

# 4



Just wanted to check in and see how you're doing?

Have things improved for you since we last spoke?

### Check in

Learn more at [ruok.org.au](http://ruok.org.au)



## From the Dean of Child Safety

### Identifying Bullying

Conversations with children about bullying can be difficult. Education about what constitutes bullying may assist them. Sometimes, people get confused about what is and isn't bullying.

People can think that someone saying something they don't like is bullying, but it's not. Bullying is different from conflict or unkindness. Bullying is cruel, but being cruel doesn't always mean bullying.

Kids Helpline offers guidelines that can be helpful when dealing with a distressed child.

### Types of bullying

It is important for children to also understand that bullying takes different forms.

Bullying can be direct or indirect overt or covert. There are a few different types of bullying, including: Cyberbullying

includes things like mean texts, emails, posts, images, or videos.

Physical bullying includes things that hurt or harm an individual. For example, kicking, tripping, or hitting. Physical bullying can also include things like damaging someone's possessions.

Verbal bullying includes using words to make someone feel upset, angry, embarrassed, etc. For example, teasing, name calling, yelling, etc.

Social bullying includes things that are done to hurt someone's reputation.

It can be verbal, like spreading rumours or playing mean jokes, or non-verbal, like pretending not to hear a person when they speak or leaving them out.

### Further information

Further information can be obtained from Kids Helpline website: [kidshelpline.com.au/teens/issues/bullying](http://kidshelpline.com.au/teens/issues/bullying).

Children can seek assistance by calling 1800 551 800.

*Mrs Paola Fornito*  
*Dean of Child Safety*

Bullying Behaviours:	Bullying is not the same as:
<ul style="list-style-type: none"> <li>• Are aggressive, unkind or mean behaviours</li> <li>• Are repeated behaviours (it must happen multiple times, in an ongoing way to be defined as bullying)</li> <li>• Happen on purpose</li> <li>• Must have a power imbalance – which means that people bullying, and the people being bullied aren't seen as being 'equal', e.g. older, bigger people picking on smaller, younger people, or 'popular' people targeting someone who they see as being 'unpopular', or who is struggling to make friends</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Being rude</b> - saying or doing something hurtful that wasn't planned or meant to hurt someone, for example, someone pushing in front of you in the canteen line</li> <li>• <b>Being mean</b> - doing something hurtful to someone on purpose once or twice. For example, a friend refusing to play with you one day</li> <li>• <b>Conflict</b> - having a disagreement with a friend, for example, two friends getting into an argument and saying mean things to each other</li> <li>• <b>Respectful feedback</b> - on behaviours you're doing that aren't ok, e.g. "It's not ok roll your eyes every time they talk about sport."</li> <li>• <b>A friend putting in a 'boundary'</b> - for example, "I don't like it when you keep telling me what to do."</li> <li>• <b>Natural consequences</b> - in socialising, for example, a friend not trusting you because you shared their secret</li> </ul>

Some other serious types of behaviours, like discrimination, harassment and abuse, can overlap with bullying and are actually against the law.

# BLOOM

PARADE COLLEGE  
ART & TECHNOLOGY  
EXHIBITION

GREENING AUDITORIUM  
THURSDAY 5th OCTOBER 6pm  
PARADE COLLEGE BUNDOORA



Artwork titled 'Introspection' by Year 11 student Tristan Ziebarth



## 2023 Ski World Victorian Interschools Snowsport Championships

The following group of boys took on the challenging slopes of Mt. Buller in the Mogul Ski World Victorian Interschools Snowsport Championships. This marked Parade's 34th participation in this prestigious event. The team consisted of:

- Rex Kelly (Captain) Year 12 H02**
- Bailey Cumming (Vice-Captain) Year 12 B07**
- Daniel Celeghini (Vice-Captain) Year 12 H02**
- Jordan Celeghini Year 11 H10**
- Oliver McGuire Year 9 L20**
- Jasper Melideo Year 8 T16**
- Adrian Celeghini Year 7 H12**
- Leonardo DiFabio Year 7 L13**
- Max Palermo Year 8 H12**
- Aaron Cumming Year 7 B11**



*Above: (L - R) Jasper Melideo Year 8 T16, Adrian Celeghini Year 7 H12, Leonardo DiFabio Year 7 L13, and coach Jim Seymour*

The boys performed exceptionally well as a unit, with three newcomers making their mark and Max Palermo securing his spot in the Nationals team for the second time.

Our dedicated captain, Rex Kelly, narrowly missed a Nationals spot, which is an outstanding achievement given the incredibly high level of competition and the multitude of participants in each event.

The boys were amazing ambassadors for Parade and we commend them for their commitment to training and their determination to do well in each event. Unfortunately due to the deteriorating snow conditions, the Nationals were canceled for 2023.



*Above: (L - R) Year 11 students Jordan Celeghini H10 with Year 12 students, Bailey Cumming B07, Daniel Celghini H02 and Rex Kelly H02*

Our Captain and Vice Captains retire from the team this year, so we thank them for their leadership and wish them all the best for their post-school lives.

Thanks must also go to our longstanding sponsor, Rino Grollo, his family, and their company. Finally, our gratitude is extended to our fellow coaches, Simon Hussey and Aaron Leyshon.

**Ms Scarlett Faulkner**  
**Snowsports Coordinator**





## From the Director of Ministry

### Solidarity Week

Several activities took place under the banner of Solidarity Week, culminating in the Solidarity Walk on Friday 1 September.

On Tuesday the FIRECarriers held a sausage sizzle to raise funds for the Opening the Doors Foundation which supports Indigenous children with their education, such as with the purchase of books and uniforms and paying for excursions. The boys were pleased to raise \$320, which will be sent to the foundation.

On Wednesday, Mr Sedgman organised a Staff vs. Student Volleyball match, on Thursday the Trivia Night was held, and on Friday the walk took place.

Upon the conclusion of the walk, students were able to enjoy a cookie. At the time of writing, \$7,696.66 had been raised from the walk, with the donation window closing on Friday 15 September.

### Years 9 and 10 Religious Education Class Masses and Tenete Class Reflections

The bulk of the Year 9 masses have taken place, and in the final week of this term the Year 10 masses will begin their cycle, continuing into next term.

In the week before their exams, Year 12 students had the opportunity to participate in a reflection on their time at Parade.

These took place in the chapel and were generally comprised of some reflections from students, some prayer, and the chance to write a comment on what will be taken from Parade as the students move into their next phase in life.

**Ms Anne McLachlan**  
**Director of Ministry**

## Solidarity Walk 2023





## ACC Debating and Public Speaking

On Wednesday 23 August, nine students from Years 9 and 10 were granted the opportunity to compete in the 2023 ACC Intermediate Debating and Public Speaking Competition held at Mazenod College.

We were all grateful for this opportunity, not only because it was a chance for us to build on our skills and learn from others, but also because, for the debating team, it was a chance to better our second-place position from last year's Intermediate ACC and go back-to-back coming off our recent victory in the inaugural Division 1 ACC Open Debating Competition earlier in May.

I was a debater on the day, and for the first debate on the prepared topic "We should abolish the ABC and SBS". Our debaters on the negative side, Year 9 Neth Malimbada H11, Year 9 Noah Jordan B14, and Year 10 Ochinthya Gamage L01, through their research and preparation, were successful in securing the win against St Bedes by two points.

The next two debates would be the most challenging as they would only be revealed on the day, meaning we only had 30 minutes to prepare for each debate.

However, the second debate was advised, with our hint being 'environment', and eventually ended up being "that we should limit water usage in households across Australia.

During that time, the team supported each other and formulated a model and arguments well enough for myself, Year 10 Zain Mazloun H09, and Year 10 Xavier Mahar B02 to win our second debate against De La Salle by three points. This meant that we were in contention for winning the competition!

The third round was a power pairing, coincidentally against De La Salle again, with the secret topic being "we care too much about academic grades".

We all built off each other's ideas, arguments, and rebuttals, and after waiting in anticipation for the final score, we

emerged victorious once again by two points, making Parade College the Division 1 Debating champions.

Additionally, Mazenod hosted the ACC Public Speaking Competition, whereby our public speakers, Year 10 Xavier Mahar B02, Year 10 Tejus Pathak H04, Year 9 Ryan Kulasooriya H20, and Year 9 Orlando Pettinella T20, presented well in their prepared and impromptu speeches on a vast variety of topics.

They demonstrated their confidence and persuasion and placed third on the day, another incredible achievement for us.



*Above: (Top L - R) Year 9 Noah Jordan B14, Year 10 Zain Mazloun H09, Year 10 Nicholas Beattie L07, Year 10 Xavier Mahar B02 (Bottom L - R) Year 10 Ochinthya Gamage L01 and Year 9 Neth Malimbada H11 with the ACC banner*

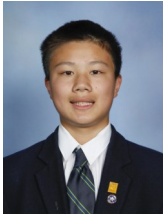
Overall, it was an entertaining, exciting, and educational experience that taught us skills of critical thinking, global awareness, and public speaking.

We hope to see more students pick up and participate in Debating and Public Speaking so Parade can remain on top next year!

**Nicholas Beattie**  
**Year 10 Student**

# TOGETHER!

# WE CAN DO GREAT THINGS!



## Year 8 Altior Incursion

On Monday 28 August, the Year 8 Altior classes from both campuses experienced an engaging and informative incursion into Medieval Europe.

The incursion lasted the entire day, with many highlights and memories. Lorenzo and David came from Medieval Education and Entertainment, which was an interactive multisensory education.



*Above: Students participating in a medieval game*

The biggest highlight of all was the last session, which was an activity based on a Medieval Tournament. Lorenzo, our presenter, dressed up as a medieval knight in full armour, and everyone in the class took turns in a battle

From learning about medieval times in Europe to doing archery and duelling with Lorenzo, the Altior class had a great time!

We would also like to thank Ms Buttignol and Mr Simpson for organising the incursion and providing this great opportunity for us.

**Kevin Zhu**  
**Year 8 Altior Student**



## Careers @ Parade

### Year 12 Careers

Students can still book career appointments this coming week if they wish to discuss pathway options for 2024 or if they need assistance with VTAC or SEAS applications, apprenticeships, or work opportunities.

### Important Dates:

VTAC Applications must be submitted and payment of \$55 by 5.00pm on 28 September.

SEAS Applications must be submitted by 5.00pm on 6 October.

Any student putting an education course on their VTAC application must complete the CASPER test. Please visit or email Mrs Bult for further information.

### Year 10 Work Experience: 13–17 November

Students need to be organising placements for their Work Experience ASAP. Students are encouraged to make phone calls to local businesses, primary schools, families, and friends.

It would be ideal if students could have their Work Experience forms submitted by Friday 15 September. If not, students have the school holiday break to finalise their placement before returning to school in Term 4.

Students can collect their Work Experience forms from the Careers Office.

[ebult@parade.vic.edu.au](mailto:ebult@parade.vic.edu.au)

**Mrs Elizabeth Bult**  
**Careers Leader**



**Remember to take your  
Epipens with you when going  
on an excursion or to an event  
- if you forget your Epipen you  
can't leave the College**



## From the Preston Student Wellbeing Leader Years 10 to 12

### Solidarity Day

The Preston Campus came alive on Solidarity Day! So much was on offer for our boys to participate in, there was a volleyball match between staff and students. The handball competition proved to be very popular, with many receiving prizes for their efforts.



*Above: Students enjoying Solidarity Day at Preston Campus*

Staff and students competed in a soccer game, and there was a rowing machine competition. It was wonderful to watch the junior and senior boys join in the table tennis.

Many laughs echoed around McKillop Court as the students enjoyed themselves, it was lovely to hear. To top off a wonderful day, the boys enjoyed a BBQ lunch that was cooked by the staff, and of course, not to forget the giant cookie they all received!

It was so heart warming to see the senior boys joining in with the junior students and to witness the genuine fun they had with one another in solidarity.

### Carmen's Road Safety

The Year 12 students attended a road safety incursion presented by John Maher. He travels the countryside, spreading the importance of road safety to students. Many of our Year 12 students have their licences or are about to get them.

John spoke from the heart about losing his daughter Carmen in a car accident after she fell asleep at the wheel. He told the boys that the accident changed the lives of his family forever.

The boys were asked to imagine what it would be like for their parents and siblings to experience this trauma. John's daughter, Carmen, got behind the wheel of her car after only a few hours of sleep.



*Above: Year 12 students hearing from Road Safety advocate John Maher*

John spoke with conviction to ensure the message of road safety and the impact of getting behind the wheel of a car when sleep-deprived were understood. He spoke of the dangers of speeding and not getting caught up in speeding to impress your friends. Our students listened intently, and at the end of the presentation, they met with John and shook his hand.

### VCE VM Student Spotlight

Sebastian is a Year 12 student at the Preston Campus who juggles a rigorous sporting training regime with his Year 12 VCE VM course. Below, Sebastian talks about what an average day looks like for him.

*What started as a hobby has now become one of my biggest passions, and below is how I spend my time making it happen.*

*My average training week consists of 20 hours of combined swimming, riding, and running.*



*Each Monday, Wednesday, and Friday, I swim at MSAC in Albert Park from 5.30am to 7.00am. During these swim sessions, I do anywhere from 2.5km to 5km.*



*Above: Year 12 student and triathlete Sebastian Butler - Suarez H10*

*After swimming, I'd head to school and get there at 8.30am for a 3.15pm finish. After school, I catch the tram home from Preston and get ready for a 90 - minute ride. I usually leave around 4.30pm depending on what session I had been given by my trainer and the weather.*

*Each Tuesday and Thursday, I train on what is referred to as a 'double run day'. This consists of an easy run at around 5.00am and 5.30am going anywhere from 30 to 60 minutes, and a run group session in the evening at the Tan.*

*On Saturdays during the triathlon 'off season,' I am a boundary umpire for the NFNL. What started as a simple and easy way to earn some cash on the side to support my training, has now become a regular boundary umpire position in the Division 1 Seniors. It has played an important part in my training routine as well as providing an income to get me through to compete in races.*

*Sunday is supposed to be a day of rest, however, it is another day of training for me. It would be either a 3-hour ride to Humevale and back or training for two of the three triathlon disciplines.*

#### **Year 12 Sebastian Butler - Suarez H10**

We are all very proud of Sebastian. He combines his sporting passion with his Year 12 VCE VM studies.

**Mrs Kim Nicholls**  
**Preston Student Wellbeing Leader**



## **From the Preston Student Wellbeing Leader Years 8 to 9**

It has been a busy few weeks for our Year 8s and 9s at Preston. The science incursion on Tuesday 29 August provided another opportunity for the Year 8s to familiarise themselves with the Bundoora Campus.

The team of laboratory technicians took time out of their busy schedules to run a demonstration and a practical for the students. A special mention to Sophie Curcio for her organisation. Recess was spent exploring the Campus, and we regrouped for the Spelling Bee before heading back to Preston for lunch.

We are really proud of the students from Preston who have represented Parade in successful Hockey and Basketball team finals and those who also did their best in the Cross Country events.

Eric Agyeman, a youth mentor and speaker, visited Preston last Thursday. His engaging presentation focused on the power words can have and reminded the students about the impact of negative comments.



*Above: (L - R) Year 8 Ayush Tugnait T20, Eric Agyeman and Year 8 Pathima Kavichelvan B20*

Many students waited to chat and thank Eric, which was a good indication that the presentation was well received.

**Ms Jessica Wogan**  
**Preston Student Wellbeing Leader Years 8 to 9**



## From the Dean of High Performance Sport

### Term 3 ACC Finals

#### Seniors

After a thrilling overtime Semi Final win versus Whitefriars, our firsts basketballers successfully defended our ACC Basketball Crown, defeating St Patrick's Ballarat in the ACC Grand Final at MSAC on 30 August, winning 46-27.

After a 22-year drought in Senior Basketball, we have now won back to back titles in 2022 and 2023.

Senior Table Tennis started strongly in their Grand Final against St Bede's, taking the singles rubbers out 6-4, but could not clinch the Premiership with St.Bede's sweeping the doubles rubbers.

#### Year 10

Our Basketball Division 1 A team are premiers after defeating Whitefriars 51-41, with the B team also winning 64-46 versus St Bede's. The bulk of this team will be representing Parade later in the year at the National Schools Basketball Championships.

Year 10 Hockey had an outstanding season falling just one goal short in the Grand Final, going down to St.Bernard's 2-3.

#### Year 9

Our Table Tennis team had an emphatic Grand Final win, 13-2 over Salesian to claim the Premiership.

Our Division 2 Basketball team also prevailed in the Grand Final, 44-33 versus Whitefriars.

#### Year 7 and 8

Year 7 has qualified for the Grand Finals in all three Term 3 sports, with Division 1 Basketball, Hockey, and Table Tennis all winning through. In Year 8, the Hockey team will be chasing back-to-back premierships.

Junior Grand Final results will be detailed in the next edition of the College *Newsletter*.

### ACC Cross Country

On Wednesday 6 September, our Cross-Country runners competed in the ACC Carnival at Bundoora Park. In a strong showing, the team scored the fourth best overall score of all schools for the carnival, improving our overall result by over 400 points on our 2022 result!

The College took out all the Division 2 Age Group Pennants and Division 2 Cups. It was a great result for the team, who can set themselves up for a top 3 finish next year as we return to Division One.

Our most outstanding individual runners were:

2nd Place: U/13 Boys 3km

5th Place: U/13 Boys 3km

7th Place: U/14 Boys 3km

4th Place: U/15 Boys 3km

4th Place: U/17 Boys 5km

4th Place: Open Boys 5km

**Darcy Parker Year 8 H18**

**Reuben Alonso Year 7 B16**

**Brodie Batt Year 8 L13**

**Jonathan Watt Year 9 T20**

**Thomas Crookshanks Year 11 H02**

**Liam Farrar Year 11 H01**

Thank you to Mr Large, Mr Brown, and Mr Anderson for preparing the boys for success.

### Upcoming Events

#### Tuesday 3 October

Year 9 and 10 Term 4 Sport Commences

#### Wednesday 4 October

Senior Sport Presentation Afternoon (3.15pm-4.30pm)

#### Thursday 5 October

Year 7 and 8 Term 4 Sport Commences

#### Monday 9 October

ACC Junior Golf Tournament at Northern Golf Club

### Mr John Baxter



# Photos from the ACC Cross Country Win





A WORLD OF OPPORTUNITIES FOR YOUNG MEN

## Calendar

*The following important dates in the College calendar can also be found on our website under the 'News' tab*

14 September	* RUOK DAY	9 October	* Junior Golf Tournament
15 September	* Term 3 Ends		* Year 12 Activity
	* Strategic Planning Committee Meeting	10 October	* Art and Technology Exhibition
25 September	* Finance Committee Meeting		* Year 9 and 10 Sport
2 October	* Term 4 Commences		* Homework Club
	* OPA Committee Meeting	11 October	* Art and Technology Exhibition
	* School Advisory Council Meeting		* Year 12 Staff and Student Breakfast
3 October	* Year 9 and 10 Sport		* OPA Monthly Luncheon
	* Family Tour	12 October	* Homework Club
	* Homework Club		* Year 7 and 8 Sport
4 October	* Junior and Intermediate Chess Tournament		* Year 12 Lunch hosted by the OPA
	* Instrumental Music Soiree Concert and Unit 2 & 4 Performance Night	13 October	* Year 12 Activities and Liturgy
	* Senior Sport Presentation Afternoon		* Year 12 Students Last Day
	* Homework Club		* Year12 Breakfast
5 October	* Art and Technology Exhibition Opening Night	16 - 23 Oct	* Year 12 SWOTVAC
	* Year 7 and 8 Sport	16 October	* Year 12 Valet Evening
6 October	* Year 12 Farwell House Assemblies	17 October	* Year 9 and 10 Sport
	* Art and Technology Exhibition		* Intermediate Lawn Bowls Tournament
		18 October	* Homework Club
			* POP Meeting
		19 October	* Homework Club
			* Family Tour
			* Year 7 and 8 Sport



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