



A WORLD OF OPPORTUNITIES FOR YOUNG MEN

No. 14 12 August 2020



From the Principal

I am so proud of the way Parade students have retaken to remote learning in such an exemplary manner. I know it is not easy. But I have had the pleasure in speaking with a number of our boys over the past week and it is fascinating that each of the boys I have asked about positive features of remote learning can name many – for sure they have mentioned sleep ins, no uniforms, etc - but have also talked about being independent, getting good feedback via the Teacher chat and a lack of distractions.

Probably the best two pieces of advice I have received were in this last week. I'd like to share them with you. In some ways, I wish I had received them earlier. But then I think I am really only ready for them in this 'Second Wave'. I was given a little book at the start of the year. It has a short reflection for each day of the year. Monday's was one from St Francis of Assisi: *Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible.*

I think that's the best advice I can give. At the start of the year, if I had suggested to you that all our students would be schooled at home for most of the year, we would all have shouted, "Impossible!" And yet the focus has been on doing what's necessary today, not thinking too far ahead.

A psychologist in New York State offered a number of top tips for surviving isolation, many are gold and are about focusing on the necessary and the possible:

- Get out at least once a day. It is amazing how much fresh air can do for your spirits.
- Reach out to others. Try to do FaceTime, Zoom, Skype, phone calls, texting—connect with other people to seek and provide support.
- Develop a self-care toolkit. This will look different for everyone. A lot of successful self-care strategies involve a sensory component (seven senses: touch, taste, sight, hearing, smell, vestibular (movement) and proprioceptive (comforting pressure). An idea for each: a soft blanket or stuffed animal, a hot chocolate, photos of holidays, comforting music, lavender or eucalyptus oil, a small swing or rocking chair, a weighted blanket. A journal, an inspirational book, or a mandala colouring book is wonderful, bubbles to blow or blowing watercolour on paper through a straw are visually appealing as well as work on controlled breath. Mint gum, Listerine strips, ginger ale, frozen Starburst, ice packs, and cold are also good for anxiety regulation.
- Give everyone the benefit of the doubt, and if need be, a wide berth. A lot of cooped up time can bring out the worst in people. Each person will have moments when they will not be at their best. It is important to move with grace through blow-ups, to not show up to every argument you are invited to, and to not hold grudges and continue disagreements. Everyone is doing the best they can to make it through this.
- Notice the good in the world, the helpers. There is a lot of scary, negative, and overwhelming information to take in regarding this pandemic. There are also a ton of stories of people sacrificing, donating, and supporting one another in

miraculous ways. It is important to counterbalance the heavy information with the hopeful information.

- Find lightness and humour in each day. There is a lot to be worried about, and with good reason. Counterbalance this heaviness with something funny each day: cat videos on YouTube, a stand-up show on Netflix, a funny movie - we all need a little comedic relief in our day, every day.
- Find the lesson. This whole crisis can seem sad, senseless, and at times, avoidable. When psychologists work with trauma, a key feature to helping someone work through said trauma is to help them find their agency, the potential positive outcomes they can affect, the meaning and construction that can come out of destruction. What can each of us learn here, in big and small ways, from this crisis? What needs to change in ourselves, our homes, our communities, our nation, and our world?



This leads me to the second piece of advice, which came from an old photo of three of Australia's greatest thinkers: Sir Marcus Oliphant, Baron Howard Florey and Sir Keith Hancock in April 1948 overlooking the construction of what is now the Australian National University.

They had lived through WW1, the Spanish Flu, the Great Depression and WW2, but dreamt of a better future and went about building that. Of course, there is no great university in this picture. Those men stand in the waving grass overlooking an empty site, but these great scholars don't see vacant land, they see a great centre of learning and research. Hope! I want that for all of us, especially our Year 12s. I know that we will come out the other side. It will get better. Much better.

The future is bright. The necessary and possible things we are doing today will build an impossible and better future for ourselves, for Parade College and for our world.

Let's build this future together.

Mr Andy Kuppe
Principal



Lou Arthur Memorial Scholarship Program 2021 - 2022

**Applications are now open to
high achieving students for the
Lou Arthur Memorial Scholarship
Program 2020-2021**

**A limited number of Full or Half
Scholarships will be awarded to students
who will complete Year 9 in 2021 and
Year 10 in 2022 at Parade College**

**Only current Year 8 Parade College
students are invited to apply**

**Due to the impact of COVID-19,
the examination date for the
Scholarship Entrance Examination, which
was to occur on Saturday 13 June, has been
rescheduled to 9.00am to 12.00pm on
Saturday 19 September
at the Bundoora Campus**

**Applications for the Scholarship have now
been extended to close on Friday 4
September**

**Further information and application forms
are available from the College website**



From the Registrar

Important notice: Updated Key Enrolment Dates for Year 5 Students Starting Year 7 in 2022

The original deadline for enrolments for 2022 was Friday 21 August. Due to the COVID-19 pandemic, Catholic Education Melbourne have extended the enrolment application deadline for Year 5 students in 2020, enrolling in Year 7 in 2022.

If you have a son currently at the College, you are still required to submit an application form for future students.

Please contact the office direct on 9468-3304 or email registrar@parade.vic.edu.au to obtain an Information pack.

The timeline of events has been updated to the following:

- **9 October 2020**
Closing date for applications to Catholic schools
- **27 November 2020**
Offers posted to prospective applicants
- **11 December 2020**
Final date for families to accept offer made.

While this change to deadline has now been extended, the annual task of processing enrolment applications and interviewing potential students has commenced based on the original timeline. Early applications are therefore encouraged.

Future student interviews will be conducted using Zoom Video Conferencing.

The first block of invitations will be circulated shortly to all Year 7 2022 and Years 8 to 12 2021 applicants, offering appointments times on 26 to 29 August and 1 September, with a second block of interview dates scheduled for November.

Parent Contact Details

Parents are reminded that it is vitally important for the College to have up-to-date personal details for parents, guardians and emergency contacts.

Please take a moment to visit your PAM profile and if any contact detail (emails, phone, address) requires revising, despite your changes to PAM being successfully undertaken, it is important that an email be sent to registrar@parade.vic.edu.au alerting of the change request.

The Registrar's office will then ensure the main College database is updated.

Lou Arthur Memorial Scholarship 2021

The Lou Arthur Memorial Scholarship is awarded to Year 8 students who will complete Year 9 and Year 10 at Parade College at either campus. This middle school scholarship recognises high academic achievement and we encourage boys with an outstanding academic record to apply.

Due to the impact of COVID-19, the examination date for the Lou Arthur Memorial Scholarship, which was to occur on Saturday 13 June, has been rescheduled to Saturday 19 September 2020.

For more information please visit our website at <https://www.parade.vic.edu.au/Scholarships.aspx>

Photo Orders

Notice to families who made late school photos orders - they have been delivered!

Years 11 and-12 photos were distributed when the boys were onsite, however photos for Year levels 7 to 10 will be distributed when face-to-face delivery resumes.

Mrs Roslyn Tabacco
Registrar





From the Assistant Principal - Teaching & Learning

Term Three Mid-Semester and Online Learning Report 2 and Student Progress Interviews – Years 7 to 12

Remote Learning Report 1 for Year 7 to 10 subjects is now available on PAM, with Report 2 due for release on 24 August. The Mid-Semester Reports for Year 11 and 12 subjects will be available on 28 August.

Following the success of the recent Student Progress Interviews on MS Teams, and the very positive feedback received from parents, the next round of interviews will also be conducted in this manner on:

Monday 7 September

11.30am–1.00pm, 2.30pm–4.00pm, and 5.00pm–6.30pm

Tuesday 8 September

4.00pm–5.30pm

Bookings for Student Progress Interviews will be available via PAM at 10.00am on Friday 28 August.

2021 JacPLUS - Jacaranda e-Textbook Bundle for Years 8 to 10 in 2021

In 2021, Parade College will continue to use Jacaranda's \$110 Digital Bundle as its digital textbook/educational resource provider for students in Years 7 to 10. This Digital Bundle offers great value as it provides access to eBooks and companion digital learning products across multiple subject areas including Mathematics, Science, English, History and Geography on your son's digital device.

As part of this bundle, your son will receive access to over \$500 worth of educational product that is required for your son for the 2021 school year.

Jacaranda Publishing will add all the prescribed eBooks and companion products to your child's existing JacPLUS account. To ensure that you receive your son's **2021** school year text books and resources, you are asked to order and pay the \$110 online via Jacaranda's payment portal by 22 September 2020. It will be available from 2 September.

Year 9 students enrolled in the Edmund Rice Pathways Program (ERPP) at Preston for Year 10, are not required to purchase the Jacaranda Bundle.

Booklists with the balance of items will be available in early November and will be required for the commencement of the 2021 School Year.

Details on how to pay for the Jacaranda bundle via the Jacaranda Payment portal were emailed to families on Monday this week. Refer to <https://www.jacaranda.com.au/bundles/victorian-curriculum/#db> for bundle and individual products information.

If you have not received an email please contact Dr Janette Berglez, Curriculum Leader, on Janette.Berglez@parade.vic.edu.au

Your assistance in prompt payment will assist the school in the setting up of the resources in December 2020.

Mr Geoff Caulfield

Assistant Principal - Teaching and Learning





From the Dean of Learning Years 10 to 12

VCE Remote Learning Assessments

With the move to Stage 4 restrictions, all VCE classes in the state have been moved to remote instructions.

As a result, keeping in line with VCAA advice, our Unit 4 SACs and SATs will continue in Term 3 according to the published SAC calendar, but as formative tasks.

Assessment of subjects with a single class will be conducted in normal timetabled class times, but those subjects with more than one class will need to be assessed out of regular class times.

We would restrict these times to Monday, Tuesday and Thursday afternoons, from 3.30pm to 5.00pm, as well as our regular Wednesday morning allocated timeslot.

Students facing three SACs/SATs in one week may be eligible for rescheduling of one task and need to contact Mr Paul Fahey on pfahey@parade.vic.edu.au a week in advance.

Although considered to be formative assessment tasks, these results will play a large part in each student's final mark for each unit of study and in accordance with VCAA regulations, may be verified at a later date when face to face teaching returns.

Verification of these formative assessments is expected to take place in the scheduled trial exams in the first few weeks of Term 4.

An email will be sent to all parents and students with the scheduled timetable of these formative tasks during this week.

Year 12

We are still awaiting further instructions from the State Government in relation to their announcement on Friday that "Every single VCE student will be individually assessed and any adverse impacts from COVID-19 will be reflected in their

ATAR ranking,". We are looking forward to being able to assist our students by implementing the process that the government lays out for us and we will keep families informed of this process as soon as more details become available to us.

All Year 12 students have been asked to watch the VTAC 2021 Presentation video that is available to view on SIMON under "Student Links" and open their VTAC account as instructed. There is also important information on SEAS applications that is essential viewing for every student.

Mr Paul Fahey

Dean of Learning Years 10 to 12

**GET TESTED
IF YOU'VE GOT
THESE SYMPTOMS**

If you have any of these symptoms, however mild, get tested and stay home.

- Fever
- Runny nose
- Sore throat
- Cough
- Chills or sweats
- Shortness of breath
- Loss of sense of smell or taste

Getting tested means you keep yourself, your friends, family, workplace and your community safe.

It's not over yet.

**STAYING
APART KEEPS
US TOGETHER**

Find out where to get tested, visit vic.gov.au/CORONAVIRUS

Authorised and published by the Victorian Government, 1 Treasury Place, Melbourne



PE Uniform from 2021

After some discussion, research and assistance from our good friends at Academy Uniforms, I am delighted to reveal a new tracksuit for our students, which will be available for purchase for the 2021 school year. It is the first in a range of exciting events and announcements we will be making during our 150th Anniversary year in 2021.



As you can see from the photo above, featuring our Vice Captain, Dylan Tran-Ngo, the tracksuit top is predominantly navy in colour with a thin purple and green strip on either side of the front of the jacket, along with the College crest.

The jacket is lined on the inside with warm, thermal material and the outside is made of robust all-weather material which should keep the boys warm on those cold days in Terms 2 and 3 when tracksuits are required. The jacket has a high neck, and full length zip closure to the neck, long sleeves and is a straight fit from shoulder to hem. It features two pockets, which will have zips.

The navy track pants are more of a slim-line style, with elasticised bands at the ankles of the pants. The PC logo features on the left-leg side of the pants, including two pockets, one of which will be a zip pocket.

Naturally, both are fully machine washable.

Dylan was most enthusiastic about this new addition to the College Uniform range, saying he felt that the boys would really like wearing it, that it was comfortable, and most importantly, that it was warm!

Academy Uniforms has advised that the cost of the new tracksuit will be the same as our current tracksuit, they will have a full size range and are happy to work with families to ensure that the tracksuits comfortably fit all students.

Naturally, there will be a change-over period where both tracksuits will be acceptable, but we would expect that all students would be in the new tracksuit by the end of the 2022 school year.

So, if you are looking to replace your son's tracksuit for 2021, perhaps hold off on buying it until we have been advised by Academy that the new tracksuits are in store and ready for purchase. We will let you know through this Newsletter when they arrive.

Miss Regina Rowan
Assistant Principal - Student Wellbeing





Bell Shakespeare Shorts Festival

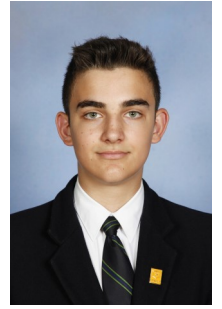
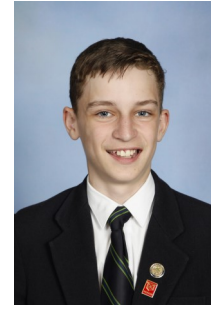
“In fair Bundoora, where we lay our scene”

The inaugural Bell Shakespeare Shorts Film Festival asks students across Australia to create a short film either re-imagining or re-telling the stories of William Shakespeare.



In the final weeks of Term 2, Years 8 and 9 Altior English classes at Bundoora spent their class time writing, directing, producing and acting in their own short films.

Students viewed a variety of interpretations of Shakespeare, from Baz Luhrmann’s 1996 film, to animated films like ‘Gnomeo and Juliet’, even watching Bell Shakespeare’s own performance, in the hopes of being inspired to retell the tragic love story of Romeo and Juliet.



Congratulations Boys!

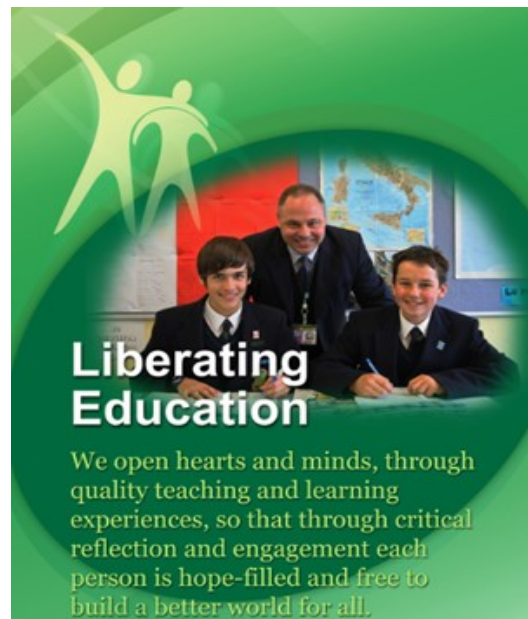
L-R: Immanuel Gini, Nathan Leemon, and Xavier Gatt

We are very pleased that the short film ‘*Jomeo and Ruliet*’, written by and starring Parade Year 9 students Immanuel Gini L14, Nathan Leemon B11 and Xavier Gatt T18, was shortlisted for the film festival, and will be viewed by a judging panel of highly esteemed Australian directors and performers, including Peter Evans, Wayne Blair, Lisa McCune, Will McDonald and Kate Mulvany.

Other shortlisted films and more information can be found on the [Bell Shakespeare website](#).

Congratulations to them on such a wonderful achievement!

Ms Millicent Kavenagh
Altior English Teacher





From the Director of Ministry

Courage. Do Not Be Afraid

Gospel Reading, Sunday 9 August: *Matthew 14:22-33*

'Courage! It is I! Do not be afraid.' It was Peter who answered. 'Lord,' he said, 'if it is you, tell me to come to you across the water.' 'Come' said Jesus. Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. 'Lord! Save me!' he cried. Jesus put out his hand at once and held him.

Sunday's Gospel reading happens just after Jesus has heard about the murder of his cousin, John the Baptist. It would be reasonable to assume that he would be in deep grief. He was probably also experiencing fear about what his own fate might be. He tries to take some time alone, but the people find him, and his heart is moved by compassion for them. Jesus seems to put his own needs aside as he becomes present to the people and heals them. With the assistance of the disciples he then amazingly feeds them all with bread and fish. At the end of the day, he goes to find the disciples, who he has sent off on the boat.

In a recent *Eureka Street Magazine* article Fr Andrew Hamilton stated that "for the foreseeable future, insecurity is our home." Like Peter stepping out on the water, our faith may well get a bit wobbly during these stormy times. We are hopeful that Australia will be able to get the virus under control quickly. But we don't know. We understand that the economic effects of the restrictions will be significant. But we don't exactly know what the long-term effects will be. We know there will be a vaccine. But we don't know when. Insecurity is indeed our home and I don't know about you, but I'm finding this place much more uncomfortable the second time around.

The word "unprecedented" is being used often, understandably given the unique aspects of what is occurring across the entire world. However, in our tradition we have many stories of how people of faith have responded to enormous challenges with determination and courage, even

during the darkest of times. They step out onto the water, trusting that they will be caught and held by a force much greater than themselves.

We might be tempted to think that those people have an extraordinary gift of faith, not available to the rest of us. But Jesus tells us that with faith the size of the tiniest mustard seed we can move mountains.

The story of Julian of Norwich (1342–1417) might provide more reassurance as we try to make insecurity a more comfortable home. Julian (her real name is unknown) lived as a recluse in a cell attached to St Julian's Church in Norwich, devoting her life to contemplation and prayer during what was a tumultuous time for England. Julian lived through two periods of plague, in which she nearly lost her own life and experienced the deaths of those close to her. Yet, the message she received in a vision from Christ was that

*'All shall be well, and
All manner of thing shall be well.'*

Julian radically trusted that message and lived wholeheartedly from it her whole life. Our tiny mustard seed faith reminds us to have that same trust.

Fr Hamilton discusses that insecurity can express itself in anxiety and paralysis. I hear my students confirm this as they talk about people getting angry at them when they are serving behind the counter at their places of work. Frustration about the smallest things seem to spill over into great eruptions as customers seek to find some predictability and control over *something* in their lives, even if it is their Maccas drive-thru order!

Fr Hamilton describes another option: We acknowledge our insecurity and use it to fuel our empathy and compassion for others:

"This approach also makes us put a high value on building community. In the face of insecurity, we dig, deepening relationships with friends and fellow workers, and the ties that bind us to our wider community. We know that we are in it together."

Christ has no body now on earth but yours, no hands, no feet but yours. Yours are the eyes with which Christ looks out his compassion to the world. Yours are the feet with which he is to go about doing good. Yours are the hands with which he is to bless us now.

Teresa of Avila



St Teresa's prayer and Lebanese nurse Pamela Zeinoun, who saved three newborn babies from the rubble after the blast in Beirut last week

In the famous prayer attributed to Teresa of Avila, we are told that Christ has no body now but ours, no hands, no feet on earth but ours. Sometimes we are Jesus catching and holding another.

I think particularly of those in our community who are working in aged care and in hospitals, at great risk to themselves. I also reflect on nurse Pamela Zeinoun who rescued three newborn babies from debris after the bomb blast that rocked Beirut last week.

Sometimes we are Peter and we are stepping forward in trust. We are fearful but hold fast to Jesus' words "Courage. Do not be afraid" and to Julian's assurance that "all will be well."

<https://www.eurekastreet.com.au/article/community-in-the-face-of-insecurity#>

<http://melbournecatholic.org.au/Daily-Readings>

Mrs Kylie Kuppe
Director of Ministry



Stella Fella

August is the month where we celebrate Stella Fellas at Parade. Being a Stella Fella is living with integrity, showing compassion and demonstrating respect for both yourself and others. It's also about taking action and encouraging those around you to do the same. A Stella Fella is not afraid to stand up and speak out against physical, emotional and psychological abuse and exploitation of our most vulnerable.

Due to the state of the world right now, we feel that it's the right time to be spreading some positivity and championing those students and staff in our community who are great people, and who are doing great things.

IS YOUR SON A STELLA FELLA?

STELLA FELLA

Being a Stella Fella means to live with integrity, show compassion and demonstrate respect for both yourself and others. We want to celebrate the Stella Fellas in our community

Tell us if your son is a Stella Fella and why, in an email to Millicent.Kavenagh@parade.vic.edu.au

If you know a student who you think is a Stella Fella, please send them through with your reason why so we can celebrate them. Check out our Facebook page to see the Stella Fellas who have been nominated so far!

More information here on Stella Fella here:
<https://projectfutures.com/stella-fella-campaign>

Ms Millicent Kavenagh
Ministry Team



The Waterford Challenge

Families new to our Parade community may not be aware of our yearly *Solidarity Walk*. In August every year the students and staff mobilise to raise funds for a very worthy cause. It is one way that we express our gratitude for the opportunities we have at our College. Whilst we had been supporting international efforts for several years, the prefects last year decided that they would focus their efforts on a local charity involved with young people their own age. That is when our relationship with MacKillop Family Services began. Last year we made a \$38,000 contribution to the great work of MacKillop, an agency that has Edmund Rice heritage, as we do.

This year it became obvious that we would not be able to walk the streets of Preston and Bundoora in a huge group, as we normally do. We then had to decide if we would go ahead with a fundraiser at all, given the financial pressures that people are under.

Our decision to proceed with a new event, The Waterford Challenge, became clear when we heard about the crisis in foster care and how MacKillop are desperate to recruit and train more foster carers. The bottom line is that the number of children needing care is skyrocketing and the number of carers offering care is dropping. This means that children who deserve safe and loving homes are not getting that opportunity.

This week students will be emailed a sponsorship form and a link that they can share with family and friends. Normally we would have high expectations of them taking the form around and collecting sponsorship, however this year is clearly different. There is no expectation whatsoever that students will collect funds. We understand that students won't be seeing others to ask for sponsorship, and that the financial situation of many does not allow for the usual generosity. Please be assured that the fundraiser this year is an invitation and not an expectation!

It would be great if our community could raise the approximately \$6000 it takes to recruit and train a foster carer but, in these challenging times, we'll just give it our best shot.

As part of the Challenge we'd also like to take the opportunity to express our gratitude for what we have. Taking the time to do this can not only lift our own spirits, but also the spirits of those around us.

Staff, students and parents are invited to send in a Waterford Challenge Gratitude Photo of something they're grateful for during this time of isolation. Together we'll try to count our blessings, lighting a candle rather than cursing the darkness!

Send gratitude photos to kylie.kuppe@parade.vic.edu.au. Some of the photos will go on social media and some might make it to this year's Paradian!

PARADE COLLEGE

WATERFORD CHALLENGE

KILOMETRES FOR KIDS IN CRISIS

HELP US RAISE FUNDS TO SUPPORT CHILDREN IN FOSTER CARE BY WALKING, RUNNING, SWIMMING OR CYCLING A COLLECTIVE 35,000 KILOMETRES, ALL THE WAY TO WATERFORD, IRELAND!

To log your kilometres and contribute to your house effort, follow the links on SIMON.



You will have received in your school email an invitation to join your Tutor Group's team on 'Give Now'. Ensure you verify your account so that your friends and family can begin to sponsor you!



In 2019 MFS supported over 860 children in care.

WHO AM I FUNDRAISING FOR?

In 2020, we are fundraising for Mackillop Family Services, they provide special support services to vulnerable and disadvantaged children. This year we want to raise funds for Mackillop to recruit and train more foster carers.

Students who complete 150km or more go in the running to win a \$200 JB HIFI Voucher

In 2019 over \$30,000 was raised for MFS.



We believe every child deserves the best





Community Action Report

Year 10 Community Action Letter Writing Project Continues

This term the students from Mr Cox's, Ms Melich's and Ms Burn's RE classes have started writing letters to residents in Aged Care and Retirement Villages.

They have written one letter so far and already the impact has been uplifting.

We have received such positive feedback from staff and residents. Just in one letter it is obvious that connections are forming as stories are shared.

A message from The Lifestyle Coordinator at Northern Gardens reads as follows

Thank you,

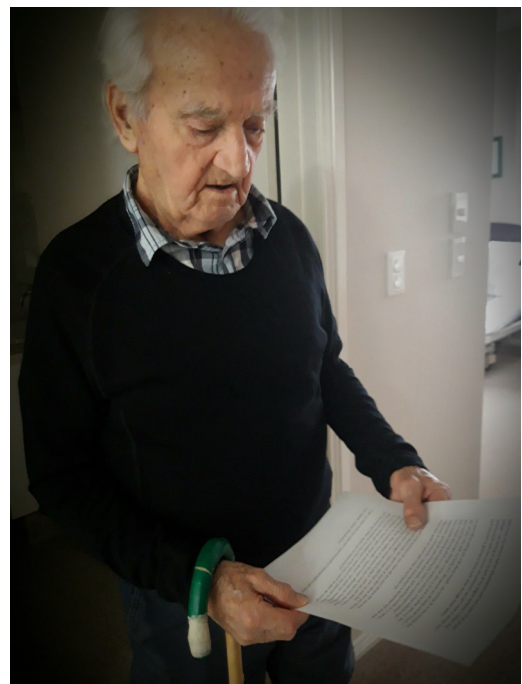
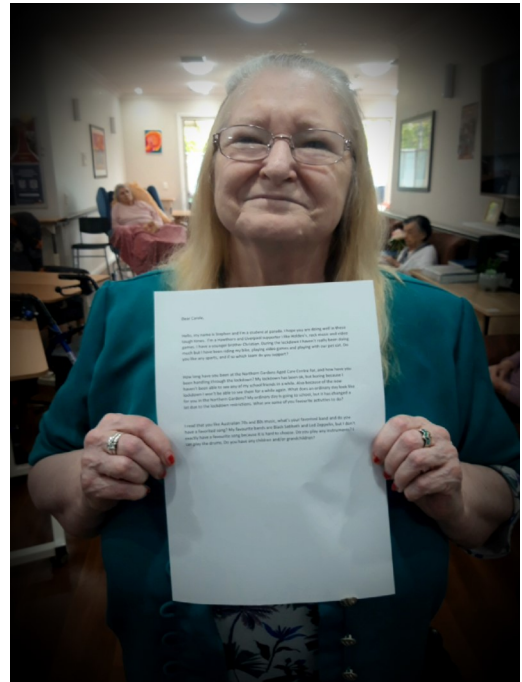
I got a bit teary with some of these letters. All the students have kind words and inspiring ideas!

Please find pictures attached. The first one is Linda, she was experiencing some pain yesterday and she was not able to go out of her room. The letter made her day.

The second picture is Enzo, he was very surprised to see his name on the letter! He immediately asked to be left alone to read the letter and come back with an answer.

The last three pictures are from Carole. She read her letter a couple of times on her own, then she went to the common room to read it to other residents and staff, and she kept the letter in her walking frame and keeps taking it out to show it to different people around the home.

*Kind Regards,
Rebeca*



Above: two of the photos shared – Linda and Enzo reading their letters

Well done Year 10s and I look forward to the letters to come.

Ms Anne-Marie Morello
Community Action Convenor



From the Director of High Performance Sport

2021 ACC High Performance Sports Classes Years 8 to 10

The subject selection process for choosing High Performance is closed.

If your son has chosen High Performance as part of his Subject Selections, there is still the opportunity to provide us with further information which will assist us in selecting the classes for 2021. To locate the link please head to the Sports website is located at <https://www.parade.vic.edu.au/ParadeCollegeSports/> and copy and paste the Forms link provided.

Due to the inability to play ACC games this year we have added the Forms link as an extra criteria as part of our selection process.

Listed below are some questions and responses that may assist in the understanding how ACC High Performance is conducted at the College.

How does a student get into an ACC High Performance Class?

When selecting subjects for 2021, students who wish to play either football or soccer must select ACC High Performance Semester 1 as part of their subject selection. Students wishing to play either, Basketball, Table Tennis, Hockey, Cricket Tennis or Volleyball must select ACC High Performance Semester 2 as part of their subject selection. If a student wishes to play a sport in Semester 1 and 2 then they must select ACC High Performance – Semesters' 1 and 2.

Please Note – Whilst a student may select to do ACC High Performance Sport, this does not guarantee them a position in the class. The number of students wishing to be involved in the subject is far greater than the number of positions available and as a consequence, students are selected into the subject based on a combination of some or all of the following criteria;

- Previous ACC involvement and performance
- Involvement and performance in regular Physical Education classes
- General behaviour and ability to demonstrate mutual respect to fellow students and staff
- Performance at selection trials (indication of intention to tryout – Forms survey filled out)
- Ability to uphold the school's discipline and uniform policy
- Performance in local sporting competitions Selection is completed annually
- For 2021 selections – further information via the Forms survey

Being involved in an ACC High Performance class at one specific year level does not guarantee selection in the following year. Selection is based on the criteria listed above. This process allows developing students who may have missed selection in one year, an opportunity to be involved in the following year. Students who are not involved in an ACC sport in a current year, but would like to be considered for an ACC team for the following year, must attend ACC Trials as listed above.

Does involvement in an ACC High Performance class guarantee selection into a team?

No. If a student is selected into an ACC High Performance class, then they are part of a specific sporting squad. Selection for all ACC teams will then come from these specific squads. Students who aren't selected in the final team will be involved in a Physical Education practical class during ACC matches.

What does my son do if he is not in an ACC High Performance Class?

Students not involved in an ACC High Performance Class at Years' 8 or 9 will be involved in regular Physical Education classes. Student in Year 10 who are not involved in an ACC High Performance class would select another elective. High Performance Classes are also offered at the Preston campus; however, trials are not required. If you have any questions regarding the trials, please don't hesitate to email Mr Paul Groves on paul.groves@parade.vic.edu.au

Mr Paul Groves
Director of High Performance Sport



Nash Learning Centre

Wheeler's eBooks Wellbeing Collection

Available to all staff and students (or parents using their son's network login).

Access is 24/7 for all eBooks and eAudiobooks via the Simon home page using student number and password.

350+ eBooks & Audiobooks

YOUR WELLNESS COLLECTION
AVAILABLE 24/7

Audiobooks eBooks

Designed to empower personal and social capabilities, mindfulness and resilience.

Essential tools and practices to help:

- Better manage stress and anxiety
- Counteract depression
- Improve sleep and self-care
- Manage/release anger
- Develop self-esteem and confidence
- Address questions of gender identity
- Access support for eating disorders
- Grieving
- Defend against bullying / cyberbullying
- Develop positive coping skills
- Step into life with positivity and purpose

Access resources discreetly (without any stigma), or can be directed by an informed educator

Special dyslexia friendly settings and Audiobooks empower all to access.

ePlatform
by wheelers books

Click to borrow
ebooks & audiobooks

Reading Challenge extended to 6 November 2020

This year has had many disruptions with the COVID-19 virus and online schooling. Due to these unusual times, the Parade Reading Challenge and Word Millionaire Challenge have been extended to 6 November 2020.



It is hoped that the extended time will help students reach the target of reading at least fifteen books or reading one million words.

Congratulations to those students who have been communicating with the teacher-librarians and have achieved fifteen books or one million words. Hopefully many more students will be able to complete either or both targets.

Remember every five books earns a House point, one hundred books earns a medal, and badges are awarded for thirty books, forty-five books and sixty books. There are also bonus House points at these levels.

Twenty minutes a day, every day, not only improves comprehension and reading ability, but quickly reaches these targets.

Reading and sending reading records to reading@parade.vic.edu.au earns valuable House points.

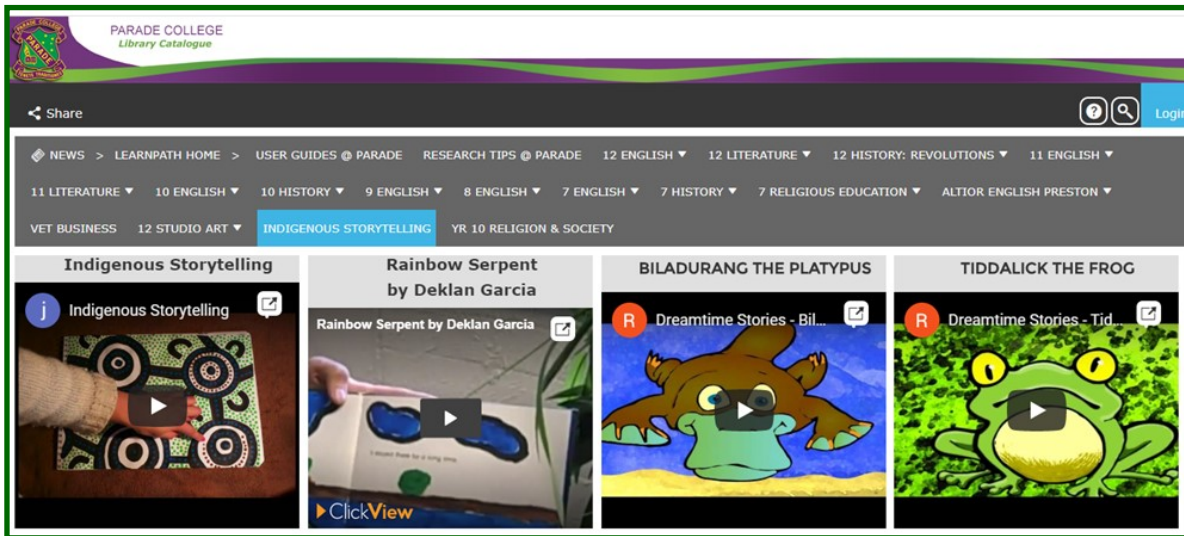
Mrs Adele Fernando-Swart
Services Manager NLC



Indigenous Storytelling

An additional remote learning resource has been added to our online resources, you'll find this interactive story in the Nash Learning Centre – Online Catalogue. Use the steps below to access -

SIMON > School links > Nash Learning Centre > Online Catalogue > Learnpath Guides > Indigenous Storytelling



Parade's Indigenous students have expressed a desire to inform students about their own rich history through storytelling. What a perfect time for our boys to stop and listen to some great story telling from their very own senior students!

Year 12 students, Deklan Garcia L10, and Desmond Tipuamantumurri T10, have uploaded a picture story narration of dreamtime story "Rainbow Serpent" and "Why the Emu Can't Fly". Both students provide an account of what these historic stories mean to them and their ancestors.

Pictures to the right of page L-R Deklan Garcia L10, and Desmond Tipuamantumurri T10



We're inviting parents and staff to utilise this resource with their sons during remote learning, especially when the weather turns wet and cold outside.

We encourage our students to paint an Indigenous image upon reflection on the stories loaded into this resource and bring their finish product along to school when we eventually return to onsite learning. Their image will be put on display around their campus.

Mr Jacob Williams
Coordinator Development and Student Wellbeing Preston



Careers @ Parade

Year 12 VTAC Applications

Applications for courses commencing in Semester 1, 2021 opened on Monday 3 August 2020.

Students wishing to apply for courses at a Victorian institution will need to do so online via the VTAC website www.vtac.edu.au

Students are advised to view the VTAC Applications video that is available on SIMON for a detailed outline of the process, and are also encouraged to book appointments online with either Ms Sipsas or Ms Harvey via the Parade College Careers website www.paradecollegecareers.com.au

Year 12 Students - Early Entry Programs for Tertiary Study in 2021

Numerous universities are offering early entry programs for students applying for tertiary entry in 2021.

Please refer to the information available on the SIMON daily messages newsfeed for an outline of all Early Entry programs.

La Trobe University Aspire Early Admissions Program

The La Trobe University Aspire Early Admissions Program rewards students' involvement in community, leadership and volunteering with an early conditional offer into their chosen course at La Trobe.

This means students will know if they have a place at university in September or even earlier.

Students will also receive exclusive benefits designed to nurture their skills and give them the support they need to succeed at La Trobe and beyond.

Please visit the following link for more information: <https://www.latrobe.edu.au/study/aspire/about-aspire>

Please note - Applications opened on Friday 1 May and close on Monday 31 August 2020.

University of Melbourne Principals' Scholarship 2021

Year 12 students looking to undertake a course at the University of Melbourne in 2021 are invited to submit an application for the University of Melbourne Principals' Scholarship for tertiary study in 2021.

The scholarship provides a one-off allowance of \$5,000 and is guaranteed to one Parade College student for study at the University of Melbourne in 2021.

Students interested in applying for this scholarship must complete and submit the nomination form that is available on the SIMON daily messages newsfeed to Ms Sipsas via email by 9.00am Monday 17 August 2020.

Ms Vivian Sipsas
Careers Convenor

I will teach you in a ROOM.
I will teach you now to ZOOM.
I will teach you in your HOUSE.
I will teach you with a MOUSE.
I will teach you here and THERE.
I will teach you 'cos I CARE.
So just do your very BEST.
And do not worry about the REST.



miss Learning Bee



From The Old Paradians

Stories Sought For Book Of Biographies

The Old Paradians' Association is seeking alumni contributions for a book of biographies to be released in 2021 to mark the 150th anniversary year of the College's formal opening.



Commissioned by the Principal Andy Kuppe, the yet-to-be-titled tome – chronicling the life stories of former students in the wider community from 1871 to the present - is to be included on the Year 7 curriculum.

Whilst the stories of a number of the College's greatest achievers will be documented within the book's pages, the book itself doesn't take the form of a "best of", but rather a record of the trials and tribulations of Old Paradians in their adopted vocations, whether in education, law, medicine, militia, religion, science or trade.

If you have a story to contribute to the book of biographies, or know of an Old Paradian with a fascinating biographical tale to tell, please contact Tony De Bolfo at OPA Central at your earliest convenience on tdebolfo@parade.vic.edu.au

The deadline for contributions is 30 September, with stories to be included in the publication at the discretion of the editor.

Mr Tony De Bolfo

Old Paradians' Association CEO

OP Directory The Best In The Business!

Are you in need of a plumber or an electrician?
Do you need legal advice?
What about trading in the old car?

Go no further than the
Old Paradians Business Directory
Supporting former students and the Parade
Community in Business and Trade.

To view the Business Directory
click on the following link -
<https://www.oldparadians.com.au/directory>



Free Business Directory

Supporting the Parade Community and former students in business and trade

www.oldparadians.com.au/directory

CURRENT BUSINESS LISTINGS

- Real Estate
- New & Used Car Sales
- Electrical
- Plumbing
- Logistics
- Accounting
- Fitness
- Design & Projects
- Property Valuation
- Freight Logistics
- Interior Fitouts
- Gasfitting
- Building Services
- Solicitor & Notary public
- Sea Freight, Air & Customs
- Business Strategy
- Commercial Law
- Digital IT/Creative
- Fencing
- Travel & Tourism
- Mortgage Brokering



How to wear a face mask

There are two types of face masks you can use: cloth masks and surgical masks. Cloth masks are made of washable fabric and can be re-used.

For more information: <https://www.dhhs.vic.gov.au/face-masks-covid-19>

! Wearing a face mask protects you and your community by providing an additional physical barrier to coronavirus (COVID-19).



Wash your hands before putting on the mask.



Make sure it covers your nose and mouth and fits snugly under your chin, over the bridge of your nose and against the sides of your face.



Do not touch the front of the mask while wearing it. If you do touch the mask, wash or sanitise your hands immediately. Do not allow the mask to hang around your neck.



To remove the mask wash or sanitise your hands first.

Carefully remove your mask by grasping the ear loops or untying the ties. For masks with a pair of ties, unfasten the bottom one first, then the top one.

If your mask has filters, remove them and throw them away. Fold the mask and put it directly into the laundry or into a disposable or washable bag for laundering. Single use surgical masks should be disposed of responsibly.



Wash or sanitise your hands after removing the mask.

What you need to keep doing

- Wash your hands regularly
- Keep 1.5 metres from others
- Get tested, even if you have mild symptoms
- Stay home if you're feeling unwell.



To receive this document in another format [email Public Health branch](mailto:public.health@dhhs.vic.gov.au) <public.health@dhhs.vic.gov.au>.

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Available at [DHHS.vic.gov.au/Coronavirus \(COVID-19\)](https://www.dhhs.vic.gov.au/coronavirus) <<https://www.dhhs.vic.gov.au/coronavirus>>



Health
and Human
Services

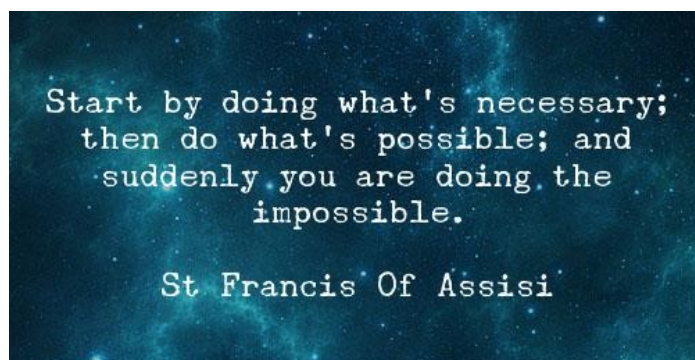
Calendar

In light of current advice re COVID-19 precautions, please note that most, if not all, planned events have either been postponed or cancelled. Future newsletters will advise rescheduled dates once they are known

14 August	* College Assembly Online
17-21 August	* Solidarity Action Week
19 August	DAV Intermediate Debating - Online
20 August	* Open Chess - Online Forum
21 August	* Strategic Planning Committee Meeting
26 August	* Year 7 2022 Interviews 4.00-7.00pm
27 August	* Year 7 2022 Interviews 4.00-7.00pm
28 August	* Stella Fella Day Online' * Mid Semester Reports Year 11&12 released online to parents at 10.00am
29 August	* Year 7 2022 Interviews 9.00am-12.00pm
28 August*	* Year 7 2022 Interviews 9.00am-12.00pm
31 August	* Finance Committee Meeting
1 September*	* Year 7 2022 Interviews 4.00-7.00pm
5 September	* Year 7 2022 Interviews 9.00am-12.00pm
7 September	* Student Free Day * Student Progress Interviews - Years 7-12 * Board Meeting
8 September	* Student Free Day * Student Progress Interviews - Years 7-12
14 September	* OPA Executive Meeting
18 September	* Strategic Planning Committee Meeting * Term 3 Ends
28 September	* Finance Committee Meeting
4 October	* Daylight Savings Commences
5 October	* Term 4 Commences



Monday 7 September & Tuesday 8 September are Student Free Days



Parade College
A Catholic School in the Edmund Rice Tradition

Liberating Education
Gospel Spirituality
Inclusive Community
Justice and Solidarity

PARADE COLLEGE
PARADE
EDMUND RICE TRADITION

EDMUND RICE EDUCATION
AUSTRALIA



A WORLD OF OPPORTUNITIES FOR YOUNG MEN



Winter Coat/Sleeping Bag/Blanket Collection

Community Action is starting its Annual Winter Coat Collection. This year we are also collecting sleeping bags, blankets and doonas - new or second hand, in good condition.

Much of the temporary crisis accommodation offered to the many homeless around Melbourne has now ended, and so agencies like St Vinnies are in urgent need of coats, sleeping bags, and blankets.

Together we can make a difference

Senior students can drop these off at the Community Action Centre or the Hughes (ERC) staffroom



EDMUND RICE EDUCATION
AUSTRALIA